

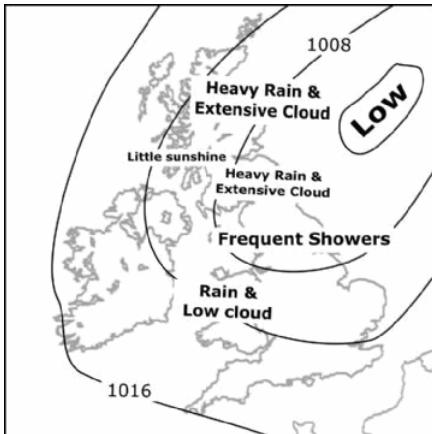
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 10 July, 2024



British Mountain Summary:

Based on forecast chart for noon 10 July, 2024

Rain widely in Highlands, particularly Cairngorms, where risk of local flooding - although very little rain in total near west coast and central belt. Showery bursts of rain southern Scotland southwards, although total rainfall in Wales (specially south and east) will be small. Hardly any sunshine and many higher areas foggy.

Headline for Southern Uplands

Mostly dull with areas of rain drifting slowly about

Detailed Forecast for Wednesday, 10 July, 2024

How windy? (On the summits)	North or northeasterly 10-20mph.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Areas of showery rain drifting about slowly Will vary from discrete showers to areas of showery rain, perhaps lasting a couple of hours.
Cloud on the hills?	Extensive; here and there temporarily clearing Fog very extensive above 400 to 550m, sometimes forming from forest canopies up. However, particularly afternoon, some breaks to or locally above 650m.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Rare glimpses of sun only. Often misty, although particularly later in day, visibility very good for periods.
How Cold? (at 750m)	7 to 9C.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 11 July	Friday 12 July
How windy? (On the summits)	Northerly 10 to 20mph.	Northerly, 10-15mph or less, perhaps 20mph locally in the east.
Effect of wind on you?	Small.	Mostly small.
How wet? (Precipitation and its impact)	Drizzly showers morning Drizzly showers in the morning, most likely dry afternoon.	Toward east brief showers Brief showers possible toward Cheviots. Most likely dry west of M74.
Cloud on the hills?	Hills clearing early Hills often covered at dawn, mostly clearing early in the day. Cheviots latest to clear, but likely also before noon.	Hills in clouds at times Toward the Borders clouds coming and going, in the west most hills below the clouds all day.
Chance of cloud free summits?	70%	70%
Sunshine? Air clarity (below cloud)	Mostly overcast, chance for some brighter spells toward Galloway. Visibility becoming very good.	Frequent sunshine in the west, only brief bright spells toward the Borders. Mostly very good visibility.
How Cold? (at 750m)	5 to 8C	9 to 12C, coldest east
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 11 July, 2024

Cool rest of the week. On Thursday light showers, particularly in northern England, southern Scotland and Wales, Highlands mostly dry. Generally improving toward the weekend, locally showers on Friday, wettest in northern Scotland. Low still circulating east of England may bring wet spells on eastern Highlands and Cheviots on both Friday and during the weekend, but western Highlands, Lake District and Pennines should stay mostly dry and get some sun. Again more widespread rain beginning of next week.

Forecast issued at 21:24 on Tuesday, 9 July, 2024

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