

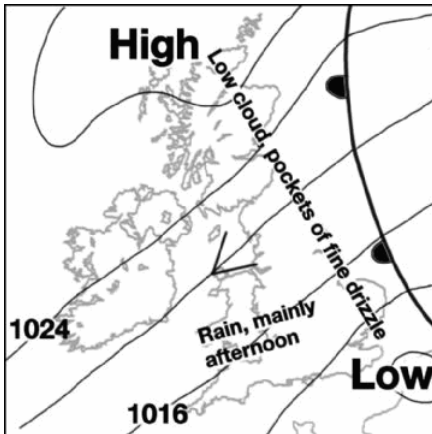
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 5 September, 2024



British Mountain Summary:

Based on forecast chart for noon 5 September, 2024

Low cloud will bring persistent fog to most mountains, toward the east, many lower slopes shrouded. A few showers, mainly England will drift inland. Separately patches of heavier rain will affect South Wales. Very gusty strong winds will affect many mountain areas south from southern Scotlands.

Headline for Southern Uplands

Gusty wind. Sheet low cloud covering nearly all mountains.

Detailed Forecast for Thursday, 5 September, 2024

How windy? (On the summits)	Northeasterly strengthening from 25mph mid morning to a very gusty 30 to 40mph afternoon.
Effect of wind on you?	Increasingly considerable buffeting both on higher areas and some lower slopes and valleys - sudden gusts may well unbalance you.
How wet? (Precipitation and its impact)	Little or no rain One or two showers, most likely afternoon, and in Borders areas of fine drizzle, mainly where in cloud.
Cloud on the hills?	Very extensive Borders, may sometimes clear elsewhere (low confidence) East of M74: blanket of low cloud most or all day, near Lothians and Cheviots from lowest slopes up. West of M74: Fog may clear to or above higher summits at times, but overall cloud base varying between 400 and 700m.
Chance of cloud free summits?	10% Borders; otherwise in afternoon 40%
Sunshine? Air clarity (below cloud)	Occasional sunshine western mountains; otherwise cloudy or dull. Mostly excellent visibility.
How Cold? (at 750m)	8C, rising to 11 to 13C, warmest Galloway in afternoon.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Friday 6 September	Saturday 7 September
How windy? (On the summits) Effect of wind on you?	East or northeasterly, speeds varied, typically 20mph, but may reach a very gusty 30mph in some areas. Likely to impede ease of walking in some areas.	Easterly 10 to 15mph. Mostly negligible
How wet? (Precipitation and its impact)	Little or more likely no rain Fine drizzle, confined to some slopes in Borders, mainly morning.	Rain unlikely Small risk of the odd burst of rain.
Cloud on the hills? Chance of cloud free summits?	Extensive Borders, but may clear. Blanket of low cloud, base in some areas just above valleys may well cover much of region from dawn. Highest tops may be free of cloud (above an inversion). By afternoon, most or all Galloway cloud free, but may persist Borders above 400m. 20% rising to 60%	Little if any - although fog some valleys morning The mountains cloud free all day. But fog in and above some valleys (up to 450m) at dawn (mainly Borders) will break up through morning. 80%
Sunshine? Air clarity (below cloud)	Bright sunshine increasingly coming through higher areas, although in Borders, some lower areas dull and misty most or all day. Superb visibility higher up; persistent haze lower slopes.	Extensive sunshine. Superb visibility but mist or fog some valleys after dawn.
How Cold? (at 750m) Freezing Level	16 to 19C - unusually warm. (Colder lower slopes morning). Above the summits	15 to perhaps 19C in the afternoon. Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 6 September, 2024**

Warm and frequently dry on most mountains until Sunday. It will then turn progressively colder as easterly winds back toward the north. For most areas rainfall will be low until well into next week. Nevertheless, some patches of rain (heavy in places) mainly England and particularly Wales until Sunday. It may then begin to turn wetter across the Scottish Highlands.

Forecast issued at 12:58 on Wednesday, 4 September, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.