MOUNTAIN WEATHER INFORMATION SERVICE

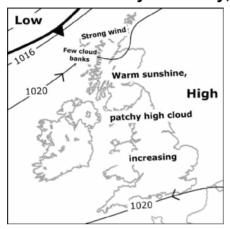
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Friday, 9 May, 2025



British Mountain Summary: Based on forecast chart for noon 9 May, 2025

In Scotland, thin mist in the glens and isolated cloud caps over highest tops at dawn will soon clear for cloud free hills. Isolated low morning fog in eastern valleys of England and Wales as well, also soon clearing. A patchwork of sun for most as high fair-weather cloud builds, feeling warm in direct sun. Mostly light winds.

Headline for Southern Uplands

Dry with patchy high cloud; feeling warm in the sun

Detailed Forecast for Friday, 9 May, 2025

How windy? (On the summits) Effect of wind on	Winds generally southwesterly though variable direction, 10mph or less. Winds increase at dusk around the M74 and west, up to 20mph. Negligible		
you?	gg.		
How wet?	Widely dry, small chance of light rain Lothians around dusk		
(Precipitation and its impact)	Widely dry, small chance of brief moments of light rain around the Lothians as dusk approaches.		
Cloud on the hills?	Widely clear; some low fog around Cheviot at dawn		
	Local banks of low valley fog at dawn around the Cheviot. Fog may rise slightly soon after daybreak, though soon dissipating for cloud-free hills.		
Chance of cloud free summits?	Above 90%		
Sunshine?	Sunshine and patchy fair-weather cloud.		
Air clarity (below cloud)	Visibility excellent, a slight haze near the Central Belt in the morning.		
How Cold? (at 750m)	6C rising to 13C by afternoon.		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands - Looking Ahead

	Saturday 10 May	Sunday 11 May
How windy? (On the summits)	South to southwesterly 10 to 15mph, some gusts approaching 20mph at dawn.	Southerly 10-20mph.
Effect of wind on you?	Small	Mostly small
How wet? (Precipitation and its impact)	Rain not expected	Little if any Chance of few isolated spots of light rain
Cloud on the hills?	Little or none Isolated patches of sea fog drift onto lower slopes of south Galloway at dawn will rapidly disperse during sunrise.	Not expected
Chance of cloud free summits?	Above 90%	Above 90%
Sunshine? Air clarity (below cloud)	Strong sunshine, some fair weather cloud building after noon. Visibility excellent.	Mostly sunny, though a patchwork of cloud around most of the day. Excellent visibility.
How Cold? (at 750m)	6C from dawn, rising to 12C afternoon.	10C rising to 13C, chance slightly warmer Galloway.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 10 May, 2025

Low pressure south and west of the British Isles will facilitate bursts of rain into Wales though the weekend into next week. High pressure to the east keeps most eastern areas settled during this time. The continental wind track will keep most cloud above the summits, with eastern areas often sunny. Generally settled conditions prevail next week as high pressure reestablishes just north of the British Isles, though odd bursts of rain come and go in Wales. A mix of cloud and sun with light winds, generally easterly though variable. Slight frosts at dawn in sheltered spots, mostly warm by day. Very dry ground conditions, beware high risk of fire.

Forecast issued at 15:30 on Thursday, 8 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.