### MOUNTAIN WEATHER INFORMATION SERVICE

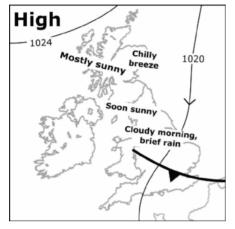
# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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# General Summary for Thursday, 22 May, 2025



## **British Mountain Summary:**

# Based on forecast chart for noon 22 May, 2025

Rather cool northerly air, near freezing on high tops in N/NE Scotland all day; marked chill factor higher Cairngorms with a brisk breeze. Generally dry with good amounts of sunshine and very clear air. Early cloud and a little rain Pennine areas. Locally a shower forming in mid & south Wales.

## **Headline for Southern Uplands**

Cool, patchy cloud and sunshine; light-moderate breeze.

# Detailed Forecast for Thursday, 22 May, 2025

How windy? (On the summits)	Northeasterly 10-20mph. Becoming variable afternoon, 15mph or less. Stronger winds a dawn, up to 25mph east.	
Effect of wind on you?	Mostly small, some comfortable walking affected in the morning, feeling chilly in east.	
How wet? (Precipitation and its impact)	Dry most places all day  Small chance early in day an odd spot of rain from high cloud, or isolated short-lived showers on easternmost hills.	
Cloud on the hills?	Mostly little if any Patches over high terrain at dawn, greatest risk east of M74. Bases soon lift and disperse for cloud-free hills.	
Chance of cloud free summits?	Soon above 90%	
Sunshine? Air clarity (below cloud)	Little sun at dawn, cloud soon breaking for a patchwork of sun.  Excellent or superb visibility.	
How Cold? (at 750m)	2 or 3C at dawn, coolest east. Rising towards 8C Galloway, but only 5C Cheviots. Feeling like -5C in breeze in east at first.	
Freezing Level	Above the summits	

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## Southern Uplands - Looking Ahead

	Friday 23 May	Saturday 24 May
How windy? (On the summits)  Effect of wind on you?	Variable 10mph or less; in the far east, northerly breezes up to 20mph at first. Shifting westerly 15-20mph afternoon.  Mostly small	West to southwesterly, 25 to 40mph, strongest in morning, but also risk strengthening further evening into night.  Blustery over the hills, affecting comfortable walking and balance on exposed tops and ridges, feeling cool.
How wet? (Precipitation and its impact)	Dry daylight, rain arrives west around dusk Dry during the day. Risk of rain arriving into Galloway around dusk, spreading east and deteriorating to steadier and some heavier rain into the night.	Persistent rain up to dawn fades, but leaves drizzly rain, staying damp much of day Dumfries & Galloway, but easing off for periods toward Borders & Lothians. Risk heavier rain evening into night.
Cloud on the hills?	Chance of isolated cloud caps on easternmost tops in the morning, soon lifting above the summits.	Extensive west, breaks northeast  Blanket cloud from lower slopes up most or all day toward Solway. Inland Dumfries & Galloway extensive above 300-500m, may also extend to western Cheviots. Higher and more broken cloud toward Pentlands.
Chance of cloud free summits?	Above 90%	20%
Sunshine? Air clarity (below cloud)	Strong sunshine, patchy fair weather cloud building. High cloud thickens from the west afternoon. Excellent visibility, though some haze around early east of M74.	Glimpses of sun toward east, visibility good where dry.  Mostly cloudy and dull further west, misty in drizzle.
How Cold? (at 750m)	4C rising to 9 or 10C. A degree or two cooler east.	9C, locally 11C Borders, little change all day. Feeling near freezing directly in the wind.
Freezing Level	Above the summits	Above the summits

## **Planning Outlook**

# All mountain areas of Britain from Friday, 23 May, 2025

A big change of weather pattern by the weekend as low pressure moves in from the Atlantic and southwesterly winds then prevail. By Friday evening-night, rain moves eastwards across all areas, amounts smaller toward the south Pennines and Wales. Blustery winds, low cloud, damp conditions for Saturday, then widely heavier rain is expected by Saturday night, accompanied by winds strengthening to gale force over many hills. Remaining very windy through Sunday and Monday with mountain gales; cooler too, with heavy showers, particularly frequent in western Scotland, a risk of hail and thunder. A changeable week ahead, some improvement likely later in the week.

#### Forecast issued at 16:30 on Wednesday, 21 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.