

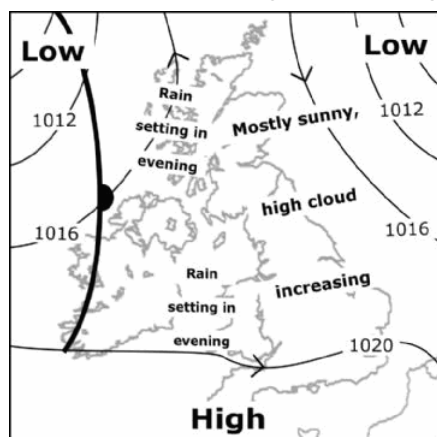
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Friday, 23 May, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 23 May, 2025

A sunny start for most. High cloud begins drifting over western areas, gradually thickening through afternoon. Patchy high cloud builds in eastern Scotland and down the spine of the Pennines before high cloud reaches these areas too. Overcast for most by dusk with rain setting into western coastal areas, spreading east overnight.

### Headline for Southern Uplands

Sunny, high cloud increasing; rain into night

## Detailed Forecast for Friday, 23 May, 2025

<b>How windy? (On the summits)</b>	Variable 10mph or less in the morning; northerly breezes onto the Cheviot, up to 20mph. Shifting west-southwesterly through afternoon and strengthening, 15-20mph by evening.
<b>Effect of wind on you?</b>	<b>Mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Dry daylight, rain into the west evening, spreading east</b> Dry during the day. Rain arriving into Galloway later afternoon, spreading east to all areas through dusk and deteriorating to steadier and some heavier rain into the night.
<b>Cloud on the hills?</b>	<b>Little if any</b> Chance of isolated cloud caps on easternmost tops in the morning, soon lifting above the summits.
<b>Chance of cloud free summits?</b>	<b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Strong sunshine, some patchy fair weather cloud building. High cloud thickens from the west afternoon, becoming widely overcast by dusk. Excellent visibility, though some haze around early east of M74.
<b>How Cold? (at 750m)</b>	4 or 5C most areas, as cool as 2C east of the Borders. Rising to 9 or 10C well inland, remaining around 7C on slopes nearest to coasts.
<b>Freezing Level</b>	Above the summits. Frost in some valleys east of M74 at dawn.

**All mountain areas of Britain from Saturday, 24 May, 2025**

**Forecast issued at 16:21 on Thursday, 22 May, 2025**

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