MOUNTAIN WEATHER INFORMATION SERVICE

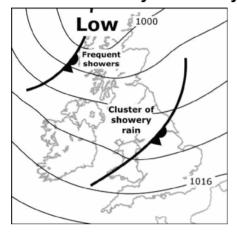
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 1 June, 2025



British Mountain Summary:

Based on forecast chart for noon 1 June, 2025

Low pressure brings a cold and blustery westerly airflow. Area of rain southern Highlands southwards, will clear in morning, brighter conditions following. Showers transferring inland from west coast, concentrated NW Highlands and later NE Scotland, where risk of thunder. Turning mostly dry later in the day for England and Wales.

Headline for Southern Uplands

Early rain, then lull, before scattered showers return. Very blustery and chilly.

Detailed Forecast for Sunday, 1 June, 2025

How windy? (On the summits)	Southwesterly veering westerly in the range 25-40mph. Possibly dropping to 20-30mph for a time. Feeling very blustery and cold on high ground and in passes where wind is squeezed. Will affect your balance. Significant wind chill.	
Effect of wind on you?		
How wet?	Early heavy rain, then scattered showers.	
(Precipitation and its impact)	Area of persistent heavy rain and drizzle at first, quickly clearing east in morning. A drier slot will follow for a few hours, bar some coastal drizzle, before scattered heavier showers return from west afternoon.	
Cloud on the hills?	Extensive at first, breaks developing	
	Widespread cloud from lower slopes up morning, particularly Galloway, although most cloud above 450-600m Borders. Will tend to rise and break toward and into the afternoon towards or above tops. Patches reforming tops in showers as they return.	
Chance of cloud free summits?	10% rising to 60% by midday.	
Sunshine?	Patchy sunshine, especially afternoon.	
Air clarity (below cloud)	Good visibility, away from early rain, and air-mass scattered showers that develop.	
How Cold? (at 750m)	7C. Feeling below freezing in the wind.	
Freezing Level	Above the summits.	

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Southern Uplands - Looking Ahead

	Monday 2 June	Tuesday 3 June
How windy? (On the summits)	Westerly 15mph backing southwesterly 20 to 25mph. Increasing further to 35 to 50mph late afternoon; timing uncertain.	Southwesterly, 30mph, increasing up to 50mph for periods.
Effect of wind on you?	Small for much of the day. Will start to affect balance in afternoon and conditions becoming arduous in evening. Marked wind chill becoming	Be prepared for arduous, if not at times difficult, conditions with significant wind chill and buffeting.
How wet?	Mostly dry; pockets of drizzle	Scattered showers moving inland.
(Precipitation and its impact)	Small chance of isolated pockets of drizzle, particularly in Galloway in the morning. Heavy rain moving across the region from the west late afternoon to evening; timing uncertain.	Scattered showers, developing more frequently for a time, as they transfer from the west coast inland through the course of the day. Some heavy bursts.
Cloud on the hills?	Largely cloud free	Slow and steady rise to tops or above
	A few patches of cloud, particularly morning, may linger but most high ground cloud free until the evening. Once rain arrives, cloud will become widespread.	Cloud bases will rise through day to highest tops or above, mostly widely eastern hills. In morning, bases around 600-700m in west, but lifting to tops.
Chance of cloud free summits?	80%	40% in west, 70% in east.
Sunshine? Air clarity (below cloud)	Widespread sunshine, becoming overcast in the afternoon. Excellent visibility but hazy over the sea.	A little sun at times, occasional sunny intervals for eastern hills. Visibility good, or in east very good, but occasionally poor in rain.
How Cold? (at	7C.	7C
750m)	Feeling around -5C in the wind.	Feeling more like below freezing in the strongest winds.
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Planning Outlook

All mountain areas of Britain from Monday, 2 June, 2025

Atlantic low pressure systems will continue to dominate and bring a sustained period of westerly winds for the next 7 to 10 days. High rainfall western mountains, with periods of strong to gale force westerly winds bringing significant chill factor. Best of the drier and brighter weather for eastern ranges. Freezing level at times down to 1200-1400m in Scotland, bringing occasional snow to the highest Munro tops.

Forecast issued at 16:22 on Saturday, 31 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.