MOUNTAIN WEATHER INFORMATION SERVICE

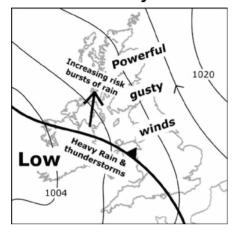
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 12 June, 2025



British Mountain Summary:

Based on forecast chart for noon 12 June, 2025

Strong southeasterly winds, reaching gale-force with powerful gusts over mountains and to some lower slopes. Much of the Highlands dry most of daytime, but bursts of rain develop near west coast, risk thundery later. Wales sees heavy rain and thunderstorms morning into middle of day, spreading over northern England afternoon.

Headline for Southern Uplands

Warm but windy. Thundery rain develops mostly west.

Detailed Forecast for Thursday, 12 June, 2025

How windy? (On the summits)	Southeasterly 25 to 40mph, likely strongest in middle of day, gusts 50mph for a time, in places toward some lower elevations. Very blustery, walking arduous on high terrain, affecting balance on exposed tops, sudden buffeting gusts.	
Effect of wind on you?		
How wet?	Thundery rain late in day	
(Precipitation and its impact)	Risk of a burst of rain afternoon, before toward evening more widespread rain reaches west of M74, and then into Borders this evening. Chance thunder.	
Cloud on the hills?	Mostly little away from rain	
	Possible cloud banks on some southern slopes, mainly near Solway; but most cloud above the hills most of the day. As rain develops later, banks of cloud filling in across the hills, in places to some lower slopes.	
Chance of cloud free summits?	80%	
Sunshine? Air clarity (below cloud)	Weak sun and high cloud layers, becoming mainly overcast. Increasingly hazy, becoming poor visibility later in rain.	
How Cold? (at 750m)	12 to 14C; increasingly humid.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Friday 13 June	Saturday 14 June
How windy? (On the summits) Effect of wind on you?	Southerly, in range 20 to 30mph, typically strongest Galloway hills, speeds likely to vary, but widely very gusty for periods. Blustery, affecting comfortable walking especially western areas, more challenging at times.	Forecast uncertainty: Variable becoming southwesterly, 10 to 25mph, gusty around showers. Fairly small, but at times gusty wind may affect comfortable walking where exposed.
How wet?	Risk thundery downpours	Thundery rain, then showers
(Precipitation and its impact)	Sporadic heavy showers forming, possible localised thunderstorms developing again - timing and local detail highly uncertain.	Threat of heavy rain and thunderstorms from dawn into the morning. Breaking up, but risk rain continuing on and off, possibly further heavy showers with isolated thunderstorms.
Cloud on the hills?	Variable cloud, may persist west	Gradually clearing
	Banks of cloud at various elevations from dawn into morning, also during and after rain at any time. Cloud banks may persist on some slopes, mainly toward the Solway Firth. Good breaks Borders to Lothians.	Extensive during rain with banks of cloud from lower slopes upwards. Tending to rise and break up, may increasingly clear the hills into the afternoon, soonest in east.
Chance of cloud free summits?	50%	50%
Sunshine? Air clarity (below cloud)	Some sun, mostly through high cloud. Visibility good away from rain, but likely a haze.	Cloud breaking to give occasional sun, best toward east. Misty during and after rain, visibility may improve afternoon if drier.
How Cold? (at 750m)	12 to 15C, warmest Borders, humid.	12C from dawn, small variation all day, may drop a little into evening from west.
	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 13 June, 2025

Staying warm and humid into Friday, a risk of scattered thundery downpours developing. A more extensive plume of torrential rain and thunderstorms likely to advance northwards on Friday night into early Saturday, followed by further heavy and possibly thundery showers. Turning cooler over the weekend. Southwesterlies then prevailing with rain at times Sunday through Tuesday, mostly western Scotland, but a trend toward higher pressure building from the south with drier conditions emerging through mid to late next week.

Forecast issued at 7:48 on Thursday, 12 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.