

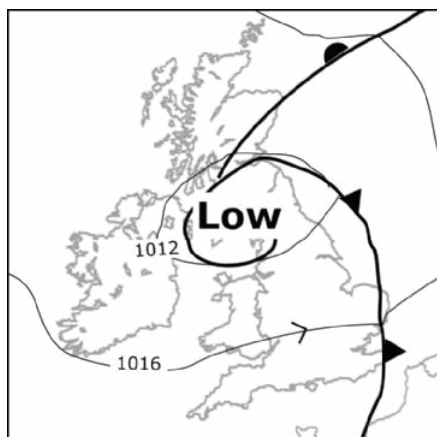
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 14 June, 2025



British Mountain Summary:

Based on forecast chart for noon 14 June, 2025

Varied across Britain through the day, particularly England and Wales, where some sunshine will be interspersed with rain (including thunderstorms), low cloud and changes in wind speed and direction. Changes slower in Scotland where broadly a band of thundery rain will move northwards.

Headline for Southern Uplands

Thunderstorms and low cloud.

Sometimes windy.

Detailed Forecast for Saturday, 14 June, 2025

How windy? (On the summits)	Direction and speed varied. Up to 35mph post dawn (easterly) and again in evening (westerly); but a prolonged lull centred afternoon.
Effect of wind on you?	Mostly small, but gusts, particularly near thunderstorms, perhaps sudden, could well unbalance you. Buffeting may be widespread again evening.
How wet? (Precipitation and its impact)	Thunderstorms mainly morning but rain on and off all day Morning: Widespread thunderstorms giving locally torrential rain and flash flooding from dawn will ease during morning - probably very little rain near The Cheviot. . Afternoon: Mix of rain and drizzle and further bursts of thundery rain - wettest west of M74. Very little Cheviots.
Cloud on the hills?	Generally very extensive, although some improvement Frequent or persistent foggy higher slopes morning; but the fog sometimes from just above the valleys upward - widely near and west of M74. Will improve at times, perhaps extensively afternoon, although probably not Galloway.
Chance of cloud free summits?	Less than 10% Galloway to 30% elsewhere afternoon
Sunshine? Air clarity (below cloud)	Cloudy or dull and misty, although a few patches of sun afternoon Borders when visibility mostly excellent. There may well be little improvement Galloway.
How Cold? (at 750m)	11 to 13C, coldest Galloway
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Sunday 15 June	Monday 16 June
How windy? (On the summits)	Westerly, 25mph.	Between southwest and west; 25mph - perhaps 30mph at times higher summits.
Effect of wind on you?	Fairly small	Expect walking to be increasingly Impeded with height.
How wet? (Precipitation and its impact)	Risk drizzly showers most likely Galloway Occasional drizzly rain west of M74. Total rainfall small. Elsewhere, drizzly showers, if any, rare.	Rain unlikely
Cloud on the hills?	Unlikely to clear Galloway; lifting to or above higher tops elsewhere Galloway: cloud base sometimes 300m westernmost hills and often around 650m. Further east; cloud base will tend to rise, by afternoon mostly above 750m.	Mostly or all clearing Higher areas extensively covered morning, but cloud base rising. From midday, cloud base typically 800m or above.
Chance of cloud free summits?	10% rising to 60% (not Galloway)	80% by afternoon
Sunshine? Air clarity (below cloud)	Patches of sun most widely Borders. Very good visibility but misty at times Galloway.	Patchwork of sunshine and very good visibility.
How Cold? (at 750m)	9C	11C.
Freezing Level	Above the summits.	Will feel only just above freezing point directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 15 June, 2025

Colder air from the west will reach all areas by Sunday. However, low cloud still extensive on western mountains, together with drizzly showers. Little rainfall most of next week and increasingly warm, although western Scotland colder with occasional rain as weakening fronts affect particularly the NW Highlands. By mid week it should be fine everywhere - although it may not last into the following weekend.

Forecast issued at 16:12 on Friday, 13 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.