

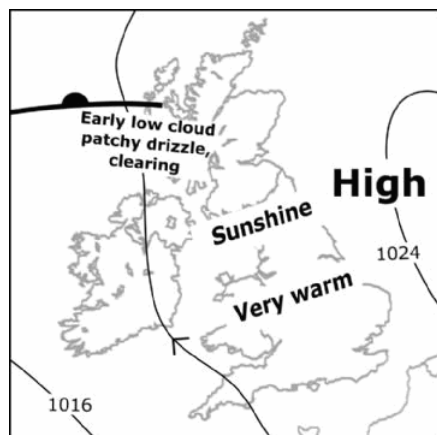
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 19 June, 2025



British Mountain Summary:

Based on forecast chart for noon 19 June, 2025

Low cloud over western Scotland covering hills in the morning particularly near coast, breaking up from the south to become increasingly sunny across the Highlands. Light southerly winds. Very warm with strong sunshine for England and Wales, warmer air extending into Scotland during the day.

Headline for Southern Uplands

Strong sunshine, increasingly warm. Light winds.

Detailed Forecast for Thursday, 19 June, 2025

How windy? (On the summits)	South to southwesterly, 10mph or less.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Not expected
Chance of cloud free summits?	Above 90%
Sunshine? Air clarity (below cloud)	Mostly sunny, some early high cloud. Visibility excellent.
How Cold? (at 750m)	Rising from 10 to 16C, then little change into evening and night.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Friday 20 June	Saturday 21 June
How windy? (On the summits)	Southerly 10 to 20mph, strongest Galloway hills, gusty around some slopes.	Southerly 20 to 30mph, strongest Galloway hills, speeds may tend to increase with stronger gusts developing.
Effect of wind on you?	Mostly small	Varied conditions, increasingly very blustery in western areas, affecting ease of walking over higher terrain.
How wet? (Precipitation and its impact)	Rain not expected	Possible isolated heavy showers Uncertainty - risk scattered bursts of rain forming, may be just spots from high cloud, but chance of a thundery shower.
Cloud on the hills?	None expected	None most or all day If rain occurs, patches may form around some slopes at varied heights.
Chance of cloud free summits?	Above 90%	Above 90%
Sunshine? Air clarity (below cloud)	Sunshine and high cloud, which may sometimes obscure the sun. Visibility good, some haze.	Sunshine and high cloud, may cloud over for periods. Visibility good, but slight haze likely.
How Cold? (at 750m)	16C from dawn, rising to 18C.	17C from dawn, rising to 20C; may start to lower a little later afternoon from west.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 20 June, 2025

Increasingly very warm air reaching all areas on southerly breezes through the rest of this week. Dry conditions, sunshine and fair-weather cloud, some patchy coastal cloud at times in west, locally gustier winds too. A more uncertain outlook into the weekend and early next week, a good deal of fine and warm weather, but risk of some rain or showery bursts at times, temperatures likely easing back. A more changeable Atlantic southwesterly pattern likely emerging, although how soon this takes hold is very uncertain.

Forecast issued at 16:00 on Wednesday, 18 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.