

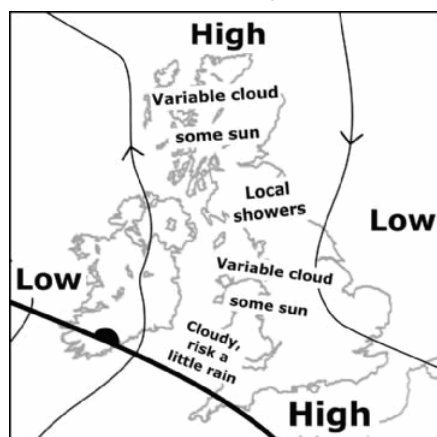
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 16 July, 2025



British Mountain Summary:

Based on forecast chart for noon 16 July, 2025

Fine much of the day for many areas, cloud covering some hill slopes in the morning, tending to lift above many summits. A little patchy rain mostly southern Scotland and northern England in the morning, tending to fade. Isolated showers into afternoon. Mostly light winds.

Headline for Southern Uplands

A little rain, isolated showers; cloud lifting. Breezy morning.

Detailed Forecast for Wednesday, 16 July, 2025

How windy? (On the summits)	North to northeasterly 15mph in morning, 20mph Cheviots. Becoming easterly 10mph or less.
Effect of wind on you?	Fairly small, though feeling breezier in east and cool early in day.
How wet? (Precipitation and its impact)	Early patchy rain east, local showers form A little light rain early morning, mostly in east from Lothians to Cheviots. Local light showers drifting further west and southwestwards with time, chance of an isolated heavier shower Galloway later.
Cloud on the hills?	Lifting and clearing Covering higher slopes in the morning, most extensively eastern areas, soon mostly patches capping high tops further west. Cloud base rising above most or all tops by middle of day.
Chance of cloud free summits?	50% rising to 90%
Sunshine? Air clarity (below cloud)	Cloudy start, dull particularly in east, then patchwork of cloud and sun; sunniest near coast afternoon. Visibility increasingly excellent.
How Cold? (at 750m)	11C rising to 15C.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 17 July	Friday 18 July
How windy? (On the summits) Effect of wind on you?	Southerly 15 to 20mph, tending to strengthen from west, reaching 25mph tops in Galloway. Fairly small, but feeling more blustery with time over higher terrain, especially western hills.	Southerly 15 to 20mph, up to 25mph higher tops in Dumfries & Galloway. Fairly small, but feeling breezy where exposed over western hills.
How wet? (Precipitation and its impact)	Drizzly rain mostly west Drizzle and light rain mostly Dumfries & Galloway, persistently damp where in cloud. Some steadier rain may develop. Little if any rain toward eastern hills.	Rain at times heavy, moving east Rain and drizzle, some heavier pulses of rain drifting northeastwards. Likely more persistent toward west in the morning, then by afternoon, greater risk heavy bursts toward the east, possible thunder.
Cloud on the hills?	Extensive west, clearer east/north Shrouding western hills most or all day, toward Solway coast likely to fill in increasingly to lower slopes. Eastern hills may see increasing banks of cloud, but likely clear much of day.	Extensive, rising slowly, some breaks Covering the hills widely in the morning above 400-600m, or lower slopes toward the Solway. Bases tending to lift and break with time, though likely to persist on higher slopes near/west of the M74 until later afternoon.
Chance of cloud free summits?	20% west, to 80% northeast	10% rising to 50% afternoon.
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly Borders to Lothians. Visibility good below cloud, mistier southwest.	A little weak sun through cloud, may improve from west afternoon. Visibility good below cloud, but poor in rain, mistier toward Solway particularly morning.
How Cold? (at 750m) Freezing Level	12C where in cloud, up to 15C east, feeling humid. Above the summits	12C where in cloud, little variation all day. Reaching 14 or 15C eastern hills, quite humid. Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 17 July, 2025

Humid air moves in from the southwest on Thursday with drizzly rain and low cloud particularly in western regions. A mixed outlook, as slack low pressure drifts slowly over the British Isles, giving slow-moving showers and increasingly thundery downpours, these most extensive over England and Wales into the weekend. Staying fairly warm, quite humid. Often low wind speeds, but south-southeasterlies may increase at times. By next week, west to southwesterlies likely to prevail, with some rain or drizzle at times mostly western Scotland, often dry further south and east.

Forecast issued at 16:00 on Tuesday, 15 July, 2025

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