

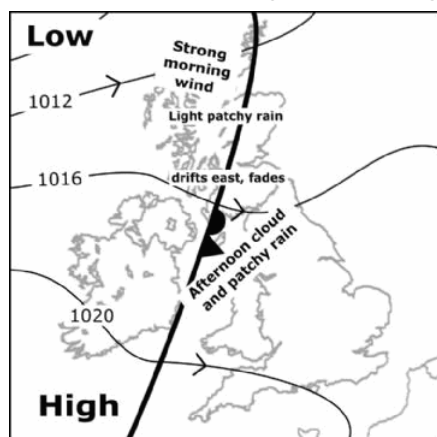
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 25 July, 2025



British Mountain Summary:

Based on forecast chart for noon 25 July, 2025

Cloud and patchy rain in western Scotland clears east, progressively easing; far east Scotland substantially dry and clear. Patchy cloud over high English and Welsh summits in the morning, deteriorating with the arrival of patchy rain through afternoon. East Wales and south Pennines substantially dry and free of cloud.

Headline for Southern Uplands

Cloud and patchy rain drifts east, improves from west later

Detailed Forecast for Friday, 25 July, 2025

How windy? (On the summits)	West-southwesterly 15 to 25mph, at times 25mph on highest tops. Settling westerly later in the day, winds reaching 30mph over high tops of the Borders and eastern hills.
Effect of wind on you?	Feeling blustery and rather cool around exposed higher slopes much of the day. Walking increasingly impeded on eastern hills later in the day.
How wet? (Precipitation and its impact)	Patchy rain in the west drifts east Patchy light rain arrives into Dumfries & Galloway around midday. Occasional odd patches of rain drift eastward through afternoon. Mostly fading, only a few patches lingering around east Borders/Cheviots.
Cloud on the hills? Chance of cloud free summits?	Low cloud drifts west-to-east, then decently clears later Extensive cloud soon arrives onto western hills above 600m, locally lower toward Solway and the North Channel, spreading east towards the Borders through morning. Base then rising from west likely into afternoon, breaking above most tops from west to east with time. Easternmost hills start clear, then patchy cloud caps tops. 20% west in morning, rising to 70%
Sunshine? Air clarity (below cloud)	Largely cloudy, some sun breaking through from west later. Rather dull for a time, but visibility starts good in east; later improves to very good from west.
How Cold? (at 750m) Freezing Level	11 to 13C, warmest on eastern hills. Western hills may begin cooling to 10C through afternoon, little change east. Feeling like 3 to 5C in the wind on higher tops. Above the summits

All mountain areas of Britain from Saturday, 26 July, 2025

Forecast issued at 16:29 on Thursday, 24 July, 2025

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