# MOUNTAIN WEATHER INFORMATION SERVICE

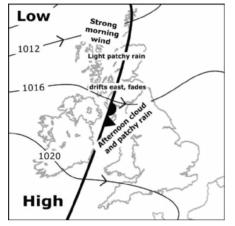
# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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# General Summary for Friday, 25 July, 2025



#### British Mountain Summary: Based on forecast chart for noon 25 July, 2025

Cloud and patchy rain in western Scotland clears east, progressively easing; far east Scotland substantially dry and clear. Patchy cloud over high English and Welsh summits in the morning, deteriorating with the arrival of patchy rain through afternoon. East Wales and south Pennines substantially dry and free of cloud.

### Headline for Southern Uplands

Cloud and patchy rain drifts east, improves from west later

# Detailed Forecast for Friday, 25 July, 2025

How windy? (On the summits)	West-southwesterly 15 to 25mph, at times 25mph on highest tops. Settling westerly later in the day, winds reaching 30mph over high tops of the Borders and eastern hills.	
Effect of wind on you?	Feeling blustery and rather cool around exposed higher slopes much of the day. Walking increasingly impeded on eastern hills later in the day.	
How wet?	Patchy rain in the west drifts east	
(Precipitation and its impact)	Patchy light rain arrives into Dumfries & Galloway around midday. Occasional odd patches of rain drift eastward through afternoon. Mostly fading, only a few patches lingering around east Borders/Cheviots.	
Cloud on the hills?	Low cloud drifts west-to-east, then decently clears later	
	Extensive cloud soon arrives onto western hills above 600m, locally lower toward Solway and the North Channel, spreading east towards the Borders through morning. Base then rising from west likely into afternoon, breaking above most tops from west to east with time. Easternmost hills start clear, then patchy cloud caps tops.	
Chance of cloud free summits?	20% west in morning, rising to 70%	
Sunshine? Air clarity (below cloud)	Largely cloudy, some sun breaking through from west later. Rather dull for a time, but visibility starts good in east; later improves to very good from west.	
How Cold? (at 750m)	11 to 13C, warmest on eastern hills. Western hills may begin cooling to 10C through afternoon, little change east. Feeling like 3 to 5C in the wind on higher tops.	
Freezing Level	Above the summits	

#### Southern Uplands - Looking Ahead

	Saturday 26 July	Sunday 27 July
How windy? (On the summits) Effect of wind on you?	Westerly 15-20mph. Increasing as evening approaches, locally reaching 30mph into nighttime. Breezy, affecting ease of walking in places where exposed on high tops. Feeling cool.	Westerly 30-35mph at dawn, easing to 20-25mph for most of the day. Shifting northwesterly into dusk, 25-30mph. <b>Comfortable walking often affected;</b> <b>some stability challenges early and late</b> <b>in the day. Feeling cool.</b>
How wet?	Showery rain spreading eastwards	Patchy rain gradually sets in
(Precipitation and its impact)	Occasional light showers mostly Dumfries and Galloway in morning. Into afternoon, patchy showery rain drifting further eastwards, an odd heavier shower later.	Patchy rain soon arrives onto Galloway hills, slowly spreading east through likely staying patchy. Northern slopes may see more frequent rain later.
Cloud on the hills?	Mostly higher and western tops	Variable, high tops often shrouded
	Often covering higher slopes of western areas, some variation above 600-700m. Breaks forming, likely well broken east of M74.	Tops in fog from dawn with most high terrain in cloud, most extensive west. Banks tending to lift with breaks, though filling in over high terrain as rain passes, ragged patches reaching low slopes.
Chance of cloud free summits?	30% west, to 60% east.	50%
Sunshine? Air clarity (below cloud)	Largely cloudy early, glimpses of sun increasing, most frequent east. Visibility very good.	Mostly cloudy, some glimpses here and there, increasing later. Excellent visibility, some haze west.
How Cold? (at 750m)	9C from dawn, rising to 11C, nearer 12C around the Cheviot. Feeling like 3 to 5C in the wind.	9C rising to 10 or 11C, warmest east of the Borders. Feeling at or near freezing in wind.
Freezing Level	Above the summits	Above the summits

## Planning Outlook

#### All mountain areas of Britain from Saturday, 26 July, 2025

Westerly winds with mixed weather will prevail through the weekend into next week, bringing patchy rain and some heavier showers at times pushing eastwards - Saturday into Sunday may be quite wet for the west of Scotland. Through the week, periods of rain will be punctuated with decent sun breaks, though northwest Scotland will struggle to clear for sun. Often breezy and feeling cool with temperatures lingering near or below average. Likely remaining unsettled into the following weekend though details are uncertain.

# Forecast issued at 16:29 on Thursday, 24 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.