#### MOUNTAIN WEATHER INFORMATION SERVICE

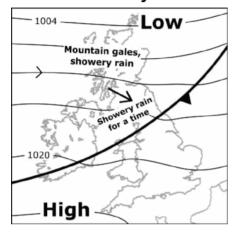
# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Saturday, 9 August, 2025



## British Mountain Summary:

## Based on forecast chart for noon 9 August, 2025

Windy, gales over Scottish mountains and highest tops in northern England throughout the day. A cold front brings a band of showery rain, weakening as it moves southwards. Showery much of the day in western Scotland, scattered heavy showers advancing east over the Highlands. Feeling chilly on tops.

## **Headline for Southern Uplands**

Windy, gales on tops. Showery rain in morning.

## **Detailed Forecast for Saturday, 9 August, 2025**

How windy? (On the summits)	Southwesterly 30 to 40mph, up to 50mph for periods on higher tops.		
Effect of wind on you?	Strenuous walking on exposed higher terrain, frequent buffeting in places.  Marked wind chill.		
How wet?	Showery rain mostly west in morning		
(Precipitation and its impact)	Rain and drizzle on hills near/west of the M74 in the morning, more persistent, heavier briefly, breaking up into showers. Smaller amounts reaching Borders. Clearing to be largely dry afternoon, brief passing showers.		
Cloud on the hills?	Extensive morning, lifting afternoon		
	Shrouding the hills widely in morning and during rain, to lower elevations near Solway and western hills in Galloway. Mostly above 500-600m in Borders and Cheviots. Base rising afternoon to increasingly clear the tops.		
Chance of cloud free summits?	20% morning, rising to 80% afternoon.		
Sunshine? Air clarity (below cloud)	Brief dawn sun mainly in Cheviots, but cloudy most of morning, visibility briefly poor in rain. Then sunshine breaking through into afternoon with very good visibility; some haze near coast.		
How Cold? (at 750m)	8C, small rise to 10C mainly east. Feeling near/just below freezing in wind.		
Freezing Level	Above the summits		

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### Southern Uplands - Looking Ahead

	Sunday 10 August	Monday 11 August
How windy? (On the summits)  Effect of wind on you?	Westerly 25-30mph for a few hours from dawn, easing a little to 20mph, turning southwesterly; risk later in day 30mph.  Blustery and feeling chilly early in day, lessening through middle of day, but into evening may deteriorate.	Southwest later southerly, gusty 30mph early morning, easing to 15-20mph, likely less into afternoon.  Blustery start, may affect comfortable walking in exposure for much of morning, but likely to become small.
How wet?	Rain unlikely until late	Rain mostly morning in west
(Precipitation and its impact)	Patchy rain Galloway hills toward evening, risk more widely in western areas by dusk, may set in heavier into night in west.	Drizzly rain most persistent Dumfries & Galloway in the morning, risk some steadier rain from dawn. Fading to patchy drizzle.  Little reaching Borders/Cheviots.
Cloud on the hills?	Lifting and clearing	Extensive, gradually breaking
	Cloud banks in the morning mostly hills toward west of M74, lifting, but capping some tops for a few hours, breaking above the hills midday into afternoon.	Blanket low cloud in morning, to some lower slopes west of M74, 500-600m further east. Bases tending to rise and breaks forming slowly to tops afternoon, though may linger near the Solway.
Chance of cloud free summits?	40% rising to 90%	50%
Sunshine? Air clarity (below cloud)	Sunshine best toward east. Visibility increasingly very good.	Misty start, improving as cloud thins to allow some sun, visibility becoming good, but a haze may persist.
How Cold? (at 750m)	8C rising to 12C afternoon, may rise slightly higher evening onward. Feeling near freezing in wind in morning.	10C where in cloud in morning, rising to 15C afternoon; feeling humid.
Freezing Level	Above the summits	Above the summits

## **Planning Outlook**

## All mountain areas of Britain from Sunday, 10 August, 2025

A ridge of high pressure expands briefly northwards on Sunday - most places dry all day, variable cloud and some warm sun. A front moves in from the southwest later and will affect Scotland into Monday with rain, drizzle and low cloud, also damp and misty at least on Monday morning for the Lakes. Very warm and humid over England and Wales in the first half of the week, but this comes with a risk of thundery bursts of rain drifting northeastwards. Less warm for Scotland, though humid for a time. Later in the week, southwesterlies prevail in Scotland, low cloud often covering western hills, but small amounts of rain. Higher pressure further south, mostly dry and warm England, Wales & S/E Scotland.

#### Forecast issued at 16:31 on Friday, 8 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.