

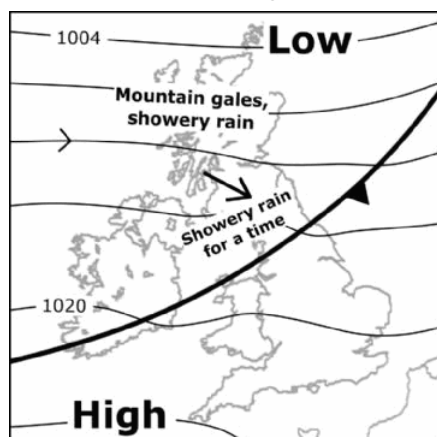
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 9 August, 2025



British Mountain Summary:

Based on forecast chart for noon 9 August, 2025

Windy, gales over Scottish mountains and highest tops in northern England throughout the day. A cold front brings a band of showery rain, weakening as it moves southwards. Showery much of the day in western Scotland, scattered heavy showers advancing east over the Highlands. Feeling chilly on tops.

Headline for Southern Uplands

Windy, gales on tops. Showery rain in morning.

Detailed Forecast for Saturday, 9 August, 2025

How windy? (On the summits)	Southwesterly 30 to 40mph, up to 50mph for periods on higher tops.
Effect of wind on you?	Strenuous walking on exposed higher terrain, frequent buffeting in places. Marked wind chill.
How wet? (Precipitation and its impact)	Showery rain mostly west in morning Rain and drizzle on hills near/west of the M74 in the morning, more persistent, heavier briefly, breaking up into showers. Smaller amounts reaching Borders. Clearing to be largely dry afternoon, brief passing showers.
Cloud on the hills?	Extensive morning, lifting afternoon Shrouding the hills widely in morning and during rain, to lower elevations near Solway and western hills in Galloway. Mostly above 500-600m in Borders and Cheviots. Base rising afternoon to increasingly clear the tops.
Chance of cloud free summits?	20% morning, rising to 80% afternoon.
Sunshine? Air clarity (below cloud)	Brief dawn sun mainly in Cheviots, but cloudy most of morning, visibility briefly poor in rain. Then sunshine breaking through into afternoon with very good visibility; some haze near coast.
How Cold? (at 750m)	8C, small rise to 10C mainly east. Feeling near/just below freezing in wind.
Freezing Level	Above the summits

All mountain areas of Britain from Sunday, 10 August, 2025

A ridge of high pressure expands briefly northwards on Sunday - most places dry all day, variable cloud and some warm sun. A front moves in from the southwest later and will affect Scotland into Monday with rain, drizzle and low cloud, also damp and misty at least on Monday morning for the Lakes. Very warm and humid over England and Wales in the first half of the week, but this comes with a risk of thundery bursts of rain drifting northeastwards. Less warm for Scotland, though humid for a time. Later in the week, southwesterlies prevail in Scotland, low cloud often covering western hills, but small amounts of rain. Higher pressure further south, mostly dry and warm England, Wales & S/E Scotland.

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