MOUNTAIN WEATHER INFORMATION SERVICE

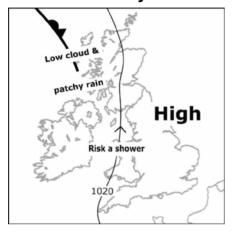
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 23 August, 2025



British Mountain Summary:

Based on forecast chart for noon 23 August, 2025

Cloudy skies for many places, varied areas of low cloud on some hill slopes in the morning, largely lifting above the tops, but may continue to cap higher western mountains in Scotland, with a little rain occasionally. An odd shower in north Wales in afternoon. Winds generally light.

Headline for Southern Uplands

Largely dry, cloud generally lifting above hills; light winds.

Detailed Forecast for Saturday, 23 August, 2025

How windy? (On the summits)	Variable west becoming south-southeasterly, 5 to 10mph, increasing a little on Galloway hills to 10-15mph.		
Effect of wind on you?	Negligible		
How wet? (Precipitation and its impact)	Rain unlikely Chance an odd patch of drizzle around low cloud, possible spots from high cloud.		
Cloud on the hills?	Covering some hills for a few hours		
	Areas of low cloud at varied heights from dawn, some patchy fog into valleys at first. May linger on some hills all morning, greatest risk in east; largely lifting above tops into afternoon.		
Chance of cloud free summits?	60% rising to 90%		
Sunshine? Air clarity (below cloud)	Occasional sun and mostly thin high cloud. Some areas start misty, visibility becoming excellent.		
How Cold? (at 750m)	7 to 9C from dawn, coolest east. Rising to 13C afternoon.		
Freezing Level	Above the summits		

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Southern Uplands - Looking Ahead

	Sunday 24 August	Monday 25 August
How windy? (On the summits) Effect of wind on you?	South to southwesterly 10 to 15mph, increasing a little in west, to 20mph at times Galloway hills, mostly afternoon. Mostly small	Southerly, strengthening, 25-35mph in west, risk reaching 40-45mph Galloway hills. In east: 15-25mph, risk later 30mph. Increasing buffeting in west, affecting comfortable walking, risk more challenging. Fairly small east, but becoming blustery.
How wet?	Rain unlikely	Rain unlikely until late
(Precipitation and its impact)	Small chance an isolated light shower.	Dry most or all day. Odd spots possible as high cloud thickens. By evening into night, risk of steadier rain developing from southwest, may turn heavy.
Cloud on the hills?	Mostly western tops in morning	Little if any
	Cloud banks capping upper slopes mostly in Dumfries & Galloway, tending to lift and break afternoon.	Patchy cloud around some slopes in the morning, most likely toward Solway, lifting and dispersing to leave the hills clear. Cloud may lower onto western tops by dusk.
Chance of cloud free summits?	70%	80%
Sunshine? Air clarity (below cloud)	Sun and some high cloud, best in east. Visibility very good; some haze west.	Sun and patchy cloud, high cloud tending to thicken from the west. Visibility good, but a haze, particularly west.
How Cold? (at 750m)	11C from dawn (warmer than valleys at first), rising to 14C afternoon.	13 to 15C, warmest Borders. As the wind increases, feeling below 5C.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 24 August, 2025

High pressure drifts slowly east, whilst low pressure over the Atlantic encroaches nearer in the early part of the new week. Southeasterly winds increasing Sunday-Monday, soonest for western regions, becoming much windier by Monday in west, then more widely with time. Areas of rain and showery bursts increasingly widespread as the week progresses as low pressure then rotates slowly over Britain - day-to-day detail becomes very uncertain. Warmer and more humid for a time, then cooler later in week.

Forecast issued at 16:30 on Friday, 22 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.