

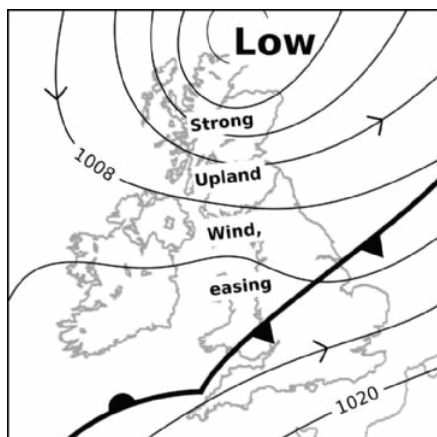
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Tuesday, 16 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 16 September, 2025

Strong upland winds across the UK in the morning will ease from the west into the afternoon. Frequent showers in west-coastal regions; more scattered inland with the Peak District and Cairngorms National Parks becoming or staying largely dry. Extensive cloud on most high ground. Temperatures feeling cool.

### Headline for Southern Uplands

Strong upland wind, easing. Showery

## Detailed Forecast for Tuesday, 16 September, 2025

<b>How windy? (On the summits)</b>	Westerly 30 to 35mph at first, easing down toward afternoon to 25mph and later 20mph in Galloway.
<b>Effect of wind on you?</b>	<b>Arduous conditions through morning, perhaps difficult over the tops for a time, significant wind chill. Easing afternoon.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Periods of showery rain</b> Showers, some drizzly in nature, rather frequent for a few hours in Galloway. Scope for a heavy burst or two. Becoming more scattered in the afternoon. Persistent rain arriving well into the night.
<b>Cloud on the hills?</b>	<b>Lifting to or above tops afternoon.</b> Banks of cloud on upper slopes from dawn, most extensive Galloway hills. Bases lifting and breaking and by afternoon tops will likely often clear.
<b>Chance of cloud free summits?</b>	<b>30% lifting to 70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sunshine coming through. Hazy later due to high cloud. Visibility very good away from showers.
<b>How Cold? (at 750m)</b>	8C. Feeling below freezing in the wind.
<b>Freezing Level</b>	Above the summits

**All mountain areas of Britain from Wednesday, 17 September, 2025**

An ongoing unsettled outlook generally dominated by low pressure. Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

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