#### MOUNTAIN WEATHER INFORMATION SERVICE

## **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

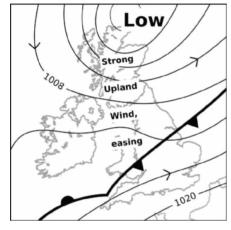


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## General Summary for Tuesday, 16 September, 2025



# British Mountain Summary: Based on forecast chart for noon 16 September, 2025

Strong upland winds across the UK in the morning will ease from the west into the afternoon. Frequent showers in west-coastal regions; more scattered inland with the Peak District and Cairngorms National Parks becoming or staying largely dry. Extensive cloud on most high ground. Temperatures feeling cool.

#### **Headline for Southern Uplands**

Strong upland wind, easing. Showery

## Detailed Forecast for Tuesday, 16 September, 2025

How windy? (On the summits)	Westerly 30 to 35mph at first, easing down toward afternoon to 25mph and later 20mph in Galloway.	
Effect of wind on you?	Arduous conditions through morning, perhaps difficult over the tops for a time, significant wind chill. Easing afternoon.	
How wet? (Precipitation and its impact)	Periods of showery rain Showers, some drizzly in nature, rather frequent for a few hours in Galloway. Scope for a heavy burst or two. Becoming more scattered in the afternoon. Persistent rain arriving well into the night.	
Cloud on the hills?  Chance of cloud free summits?	Lifting to or above tops afternoon.  Banks of cloud on upper slopes from dawn, most extensive Galloway hills. Bases lifting and breaking and by afternoon tops will likely often clear.  30% lifting to 70%	
Sunshine? Air clarity (below cloud)	Glimpses of sunshine coming through. Hazy later due to high cloud. Visibility very good away from showers.	
How Cold? (at 750m)	8C. Feeling below freezing in the wind.	
Freezing Level	Above the summits	

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#### Southern Uplands - Looking Ahead

	Wednesday 17 September	Thursday 18 September
How windy? (On the summits)  Effect of wind on you?	Still some uncertainty: Southerly 20 to 35mph, highest Galloway, in morning. Becoming southwesterly 35 to 40mph.  Arduous, blustery conditions developing which will affect ease of walking and balance. Further deterioration into evening.	Forecast details very uncertain. Southwesterly 30 to 40mph, risk sustained 50mph. Gusty.  Arduous walking conditions will affect your balance. Gusts may blow you over.  Marked wind chill.
How wet? (Precipitation and its impact)	Rain and drizzle, may fade	Likely dry
	Rain and drizzle likely fairly persistent, at least on and off throughout the day; risk of steadier rain lasting several hours. May fade in the afternoon or, perhaps, evening.	Probably substantially dry, small risk of a little patchy rain encroaching from the west occasionally.
Cloud on the hills?	Fairly extensive	Probably clearing
	Cloud likely to cover higher slopes most or all day, at times blanketing hills to mid-slopes especially during rain.	Patchy cloud on high ground will likely lift and clear into the afternoon. Should rain arrive, cloud will become widespread and lower to the mid-slopes.
Chance of cloud free summits?	20%	70%
Sunshine? Air clarity (below cloud)	Generally overcast, varied layers of cloud. Visibility reduced by rain, at times poor; locally may be good, mainly north.	Patchy sunshine through high cloud. Excellent visibility out of cloud.
How Cold? (at	7 to 9C.	9C.
750m)	Feeling near or below freezing in the wind.	Feeling around 0C in the wind.
Freezing Level	Above the summits	Well above the summits.

### **Planning Outlook**

#### All mountain areas of Britain from Wednesday, 17 September, 2025

An ongoing unsettled outlook generally dominated by low pressure. Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

#### Forecast issued at 16:31 on Monday, 15 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.