

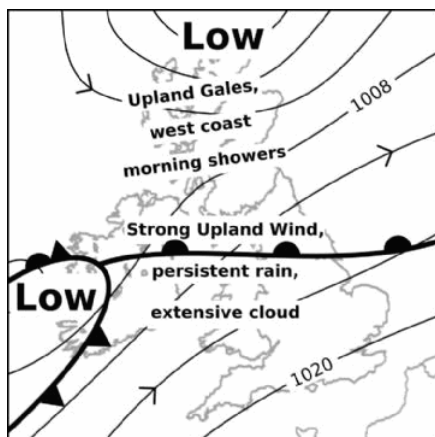
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 18 September, 2025



British Mountain Summary:

Based on forecast chart for noon 18 September, 2025

Strong upland wind or gales across the mountains. Frontal wave bringing persistent, heavy rain and extensive cloud from North Wales to the Southern Uplands. Highlands drier, especially east of A9, but showery near the west and north-west coast in the morning. Temperatures mild but with notable wind chill.

Headline for Southern Uplands

Strong upland wind. Rain & extensive cloud afternoon.

Detailed Forecast for Thursday, 18 September, 2025

How windy? (On the summits)	Southwesterly 30 to 45mph, risk 50mph in the afternoon especially Moffat and the Tweed valley. Gusty.
Effect of wind on you?	Arduous walking conditions will affect your balance. Difficult conditions possible. Gusts may blow you over. Marked wind chill.
How wet? (Precipitation and its impact)	Dry morning, heavy rain afternoon A dry morning will give way to showery, occasionally heavy, rain arriving from the south in the afternoon. Areas near Edinburgh and Glasgow may stay dry until late afternoon.
Cloud on the hills?	Becoming extensive Patchy cloud on higher ground in the morning will in and lower as rain arrives in the afternoon. Cloud will reach the lowest slopes in southern Galloway.
Chance of cloud free summits?	60% morning, becoming 10% west; 40% east
Sunshine? Air clarity (below cloud)	Morning: Patchy sunshine through high cloud. Hazy over the Irish Sea but excellent visibility inland. Afternoon: Little or no sun. Poor visibility.
How Cold? (at 750m)	8C. Feeling between 0 and -5C in the wind.
Freezing Level	Well above the summits.

All mountain areas of Britain from Friday, 19 September, 2025

Weather remains mixed into and through the weekend, often with high winds, regions of persistent rain and extensive cloud. Temperatures falling through Saturday across the UK with the higher Scottish summits dropping below freezing and frosts in some glens. Looking increasingly likely that high pressure will take hold from the north on Sunday evening, bringing a period of more settled weather across the country for a couple of days at least, perhaps longer.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.