

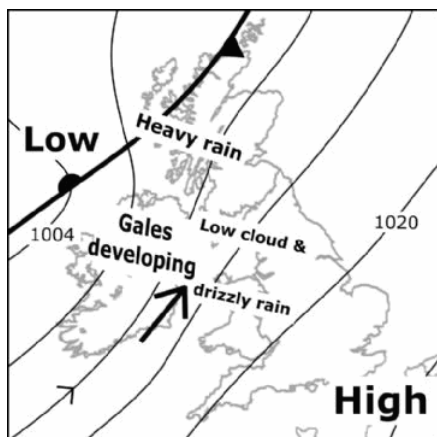
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 2 October, 2025



British Mountain Summary:

Based on forecast chart for noon 2 October, 2025

A persistently wet day for western Scotland, increasingly sustained heavy falls setting in. Southerly winds strengthen to become widely gale force over the mountains afternoon into evening. Small amounts of rain elsewhere, but drizzly for all. Low cloud blanketing hills, highest bases north of major hill groups.

Headline for Southern Uplands

Wind strengthening, gales later. Rain, drizzle and low cloud.

Detailed Forecast for Thursday, 2 October, 2025

How windy? (On the summits)	Southerly 25 to 40mph, strongest through the second half of the day, then 50-60mph evening into the night.
Effect of wind on you?	Very blustery conditions, and increasingly in the west becoming arduous in the afternoon. Deteriorating further after dark.
How wet? (Precipitation and its impact)	Frequent rain, becomes heavy in west A damp day with frequent drizzly rain moving in from the west, some steadier rain Galloway. Rain increasingly heavy widely west of M74 as afternoon goes on, or into evening elsewhere, continues into night. Very wet underfoot west.
Cloud on the hills?	Extensive, lowest southwest Extensive low cloud across the hills through the day with bases varying but often around 500-600m. At times lower in the west and south, to some lower slopes near to Solway Firth. Highest breaks toward the Lothians.
Chance of cloud free summits?	10% near Solway, to 20% inland; 40% north/eastern areas.
Sunshine? Air clarity (below cloud)	Little or no sun Visibility often poor due to rain.
How Cold? (at 750m)	10C, fairly humid air, but feeling closer to freezing in stronger winds.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Friday 3 October	Saturday 4 October
How windy? (On the summits) Effect of wind on you?	Overnight gales ease to dawn to give a lull below 25mph morning, but then rapid increase, later daytime S-SW'ly 50-70mph. Fairly small in the morning, but expect deteriorating conditions, becoming severe later in day, soonest in west.	Southwest soon westerly, 50 to 70mph, gusts likely 80mph+ on higher tops; peak speeds tending to lessen afternoon. Severe conditions, difficult mobility across the hills, powerful gusts possibly damaging for a time early in day on low ground.
How wet? (Precipitation and its impact)	Largely dry for a time, then heavy rain Overnight rain clearing to showers by dawn, fading to be dry for a few hours, for longest Borders/Lothians. Rain then develops from southwest, setting in quickly widely heavy afternoon onward. Very wet underfoot, flooding west.	Rain most frequent toward west Rain on and off throughout the day in Dumfries and Galloway, most persistent and heaviest toward west. Smaller amounts of patchy rain Borders. Expect flooding, particularly western areas.
Cloud on the hills?	Varied, breaks N/E, lowering in rain Patchy cloud over the hills in the morning, may linger over tops toward the Solway. Breaking above many summits further east and north for a few hours. Lowering as rain develops, increasingly filling in.	Extensive, lowest west Most persistent over hills in Galloway, to 500m, higher cloud base toward M74, but still often covering tops above 600-700m. Capping eastern tops more variably.
Chance of cloud free summits?	50% later 10%	20% west to 40% east.
Sunshine? Air clarity (below cloud)	Early sun weakens as high cloud increasingly covers the sky, then overcast. Visibility very good, then hazier, poor in rain.	Glimpses of sun mostly toward east. Quite hazy, visibility poor where in rain.
How Cold? (at 750m) Freezing Level	6 or 7C. Feeling like -5C or later colder as wind speeds increase. Above the summits	4 to 6C. Wind chill making it feel near -10C. Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 3 October, 2025

Mild and humid southwesterlies bring prolonged heavy rain to western Scotland late this week where streams will be fast-flowing, flooding developing. Wet underfoot most western areas. A couple of fast-moving low pressure systems late this week - gales increasingly during Thursday, then after a brief lull early Friday, a more intense system bringing increasingly stormy conditions by later Friday, continuing into Saturday. Dropping much cooler during Saturday, to freezing on higher Scottish summits. Showery and windy conditions easing only gradually into Sunday. Changeable westerlies continue next week for Scotland, high pressure builds at times further south.

Forecast issued at 16:26 on Wednesday, 1 October, 2025

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