

Southern Uplands

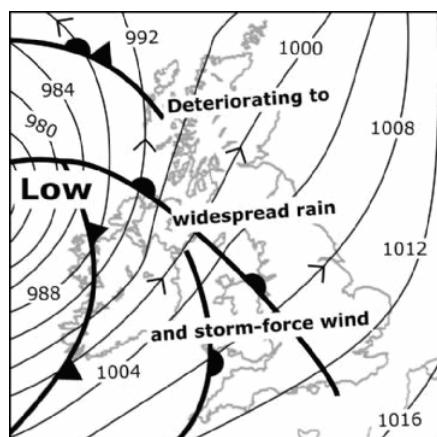
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 3 October, 2025



British Mountain Summary:

Based on forecast chart for noon 3 October, 2025

Mostly dry conditions early with modest wind effects, deteriorating as Storm Amy arrives. Winds reach gale-force around midday, further deteriorating through afternoon, reaching hurricane-force over high Scotland tops later. Rain becomes widespread with sustained heavy falls on western mountains; local flooding is likely.

Headline for Southern Uplands

Moderate conditions deteriorate to heavy rain and violent wind

Detailed Forecast for Friday, 3 October, 2025

How windy? (On the summits) Effect of wind on you?	Overnight SW'ly gales ease to dawn to 25-35mph through morning. Shifting southerly around midday and rapidly rising to 35-50mph, shifting southwesterly later and rising further to 70-85mph with stronger gusts over tops. Uncomfortable winds in the morning, then a rapid deterioration through afternoon to storm-force winds. Any mobility will be difficult by evening.
How wet? (Precipitation and its impact)	Largely dry for a time, then heavy rain Well-broken showers at dawn, fading to dry conditions for a few hours, for longest Borders/Lothians. Rain then develops from southwest, setting in quickly widely and heavy afternoon onward. Very wet underfoot, flooding west.
Cloud on the hills? Chance of cloud free summits?	Varied with breaks N/E for a time, lowering in rain Patchy cloud over the hills in the morning, tops near the Solway likely shrouded. Breaking above many summits further east and north for a few hours. Lowering as rain develops, increasingly filling in. 50% later 10%
Sunshine? Air clarity (below cloud)	Early sun weakens as high cloud increasingly covers the sky, then overcast. Visibility very good, then hazier, becoming poor in rain.
How Cold? (at 750m) Freezing Level	6 or 7C. Rising to 10C for a few hours later afternoon. Feeling like 0 to -5C as wind speeds rise, colder later into night. Above the summits

Southern Uplands - Looking Ahead

	Saturday 4 October	Sunday 5 October
How windy? (On the summits) Effect of wind on you?	Southwest soon westerly, 50 to 70mph, gusts likely 80mph+ on higher tops, mainly in the morning. Severe conditions, difficult mobility across the hills, powerful gusts possibly damaging for a time early in day on low ground.	Northwesterly 40-50mph, trending westerly as the day goes. Arduous conditions through the day. Crouching may be necessary in exposure. Significant wind chill.
How wet? (Precipitation and its impact)	Rain most frequent toward west Several hours of morning rain, then on and off throughout the day in Dumfries and Galloway, most persistent and heaviest toward west. Smaller amounts of patchy rain Borders. Expect flooding, particularly western areas.	Often raining west, increasingly wet east Frequent drizzle over the high tops of Galloway with several pulses of rain coming from the west and passing to the east. Rain becoming more frequent with heavier moments, best of dry moments to the east.
Cloud on the hills?	Extensive, lowest west Most persistent over hills in Galloway, to 500m, higher cloud base toward M74, but still often covering tops above 600-700m. Capping eastern tops more variably. May break somewhat later.	Broken east at first, then extensive Galloway hills likely shrouded from 600-700m up most of the day. Well broken east of M74 at dawn, most tops clear. Cloud sets in widely over high ground with banks often down to middle or lower slopes in rain.
Chance of cloud free summits?	20% west to 40% east.	60% east at first, lowering to 10%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly toward east, may break out more frequently later. Quite hazy, visibility poor where in rain.	Intermittent sun in the east at first, becoming widely overcast. Visibility good in the east, then widely poor as cloud and rain set in.
How Cold? (at 750m) Freezing Level	5 or 6C. Wind chill making it feel near -10C. Above the summits	5C rising to 7C. Feeling like -8C in exposure. Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 4 October, 2025

Storm Amy clears to the northeast on Saturday, behind which temperatures drop much cooler, to freezing on higher Scottish summits. Showery and windy conditions prevail through the day easing only gradually into Sunday as another mild and humid westerly brings cloud and drizzle to high tops and western slopes. Changeable westerlies continue into the week with frontal boundaries in northern England and Scotland: frequent rain and cloud on western mountains, rain at times passing eastward. Rain and cloud slip south through England and Wales around midweek, though weakening as it goes. Early indications of several days of northerly winds late in the week, which will bring cool, showery conditions to many with a mix of sunny and rainy spells with snow on northernmost tops.

Forecast issued at 16:09 on Thursday, 2 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.