MOUNTAIN WEATHER INFORMATION SERVICE

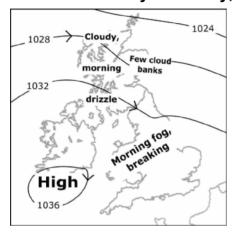
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 10 October, 2025



British Mountain Summary: Based on forecast chart for noon 10 October, 2025

Drizzly and cloudy in west Scotland, dry with well broken cloud to the east; strong gusty winds central and northern Scotland. Morning low cloud fairly extensive across England, largely clearing the Pennines - Lakeland fells will struggle to clear. A foggy start in Wales with drizzle on west slopes; breaks to many tops forming.

Headline for Southern Uplands

Breezy, some morning drizzle west; broken cloud east

Detailed Forecast for Friday, 10 October, 2025

How windy? (On the summits)	Westerly 20 to 30mph, gusty in places particularly Cheviots and Lothians, where strongest gusts over tops may briefly reach 35mph+.	
Effect of wind on you?	Starting to affect comfortable walking in places; suddenly gusty near and east of higher tops making walking more strenuous with buffeting. Noticeable wind chill.	
How wet? (Precipitation and its impact)	Largely dry Fine drizzle in the morning over high tops of the Borders and Galloway, some local pockets on western slopes.	
Cloud on the hills?	Most persistent western hills	
	Banks of cloud above 500-700m, lowest and most persistent Galloway hills. More patchy to the east, exposing tops of the Cheviots and east Borders at times.	
Chance of cloud free summits?	20% west, to 50% east.	
Sunshine? Air clarity (below cloud)	Glimpses of sun west, more frequent sun over the Borders and eastward. Slight haze, but good visibility below cloud in eastern areas.	
How Cold? (at 750m)	7 to 8C, eastern areas may reach up to 9C. Feeling at or just below freezing in direct wind.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Saturday 11 October	Sunday 12 October
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How windy? (On the summits)	A gusty westerly 10-15mph most of the day. Some 20mph winds in the morning.	Variable 10-15mph. Some gustiness over high terrain.
Effect of wind on you?	Mostly small	Small.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills?	Lifting toward tops, clearer afternoon	Mostly just high terrain with breaks
	Banks of cloud on hill slopes, some fog patches in valleys at dawn. Most cloud becoming confined to higher tops around 700m during morning into middle of day, breaks to most tops afternoon, clearer sooner in east.	Fog/mist in the valleys from dawn, this lifting and dissipating, leaving behind patchy banks on high terrain - summits will be clear at times. A risk of more sheet-like cloud above 600m in places, notably east of the A9.
Chance of cloud free summits?	30% rising to 70%	50%
Sunshine? Air clarity (below cloud)	Fairly cloudy, occasional sun, best east. Visibility good, some haze or mist in morning.	A patchwork of cloud and sun, though high cloud will limit sunshine. Very good visibility though some lingering haze.
How Cold? (at 750m)	7 to 9C, small change with height early morning.	9 to 11C. Increasing temperature with height.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 11 October, 2025

Westerly winds with some drizzle over high ground prevails in northern Scotland into Saturday, then high pressure establishes over the British Isles bringing light winds and dry weather conditions well into next week. Scope for inversion conditions this weekend and early next week with some valley fog and varied low cloud. Into the week, mixed cloud and sun with occasional longer spells of cloud or sunshine. Easterly winds are expected to increase with time for England and Wales, particularly in the south where there could be notable gusts over high terrain. Pleasant daytime temperatures, some cooler nights with slight frost where skies are clear.

Forecast issued at 16:13 on Thursday, 9 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.