

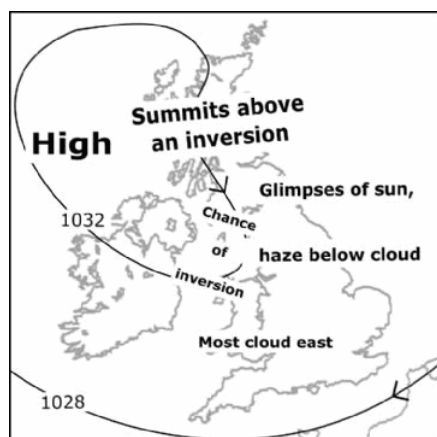
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 14 October, 2025



British Mountain Summary:

Based on forecast chart for noon 14 October, 2025

Inversion conditions still probable over Scottish Highland summits; exposed rock in fog below the inversion may be slippery, notably early. High Lakeland and Snowdonia summits near or above cloud as well. A mix of cloud and sun elsewhere as morning fog lifts, some haze below cloud later. Feeling mild to warm.

Headline for Southern Uplands

Cloud lifts to upper slopes; hazy with glimpses of sun

Detailed Forecast for Tuesday, 14 October, 2025

How windy? (On the summits)	Generally northerly though variable, 10mph or less. Winds nearer 15mph at times near the Cheviot with stronger gusts over high tops.
Effect of wind on you?	Mostly small
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Banks of cloud at middle and high elevations Varied low cloud across some middle slopes, plus fog in some valleys from dawn, tending to thin and rise to the upper slopes. Some very highest tops in the west may be near or above the top of the cloud layer.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Some sun breaking through in places, but areas of misty low cloud may linger around the hills, and some lower ground in morning. Hazy, particularly near the Central Belt.
How Cold? (at 750m)	8 or 9C, cooler in the inland valleys at dawn. Very highest tops of Galloway and western Borders may be slightly warmer.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Wednesday 15 October	Thursday 16 October
How windy? (On the summits)	Variable 10mph or less. Some local gusts at all elevations.	Generally northwesterly but variable 10-15mph, often less.
Effect of wind on you?	Negligible	Small
How wet? (Precipitation and its impact)	No rain expected	Damp air where in cloud Where within fog, some very fine drizzle drifting around and rock surfaces will be slick.
Cloud on the hills?	Patchy cloud rises to high terrain Banks of cloud possible at all heights in the morning. Bases gradually lift at the day goes, mostly above 700m by afternoon with regular breaks around summits.	Variable, mostly over high terrain Banks of cloud at various heights from dawn, likely more extensive over Galloway and slopes near the Central Belt. Bases lift to 600m or higher, more broken east of M74. May variably break and fill in, likely cloudiest in Galloway.
Chance of cloud free summits?	60%	30%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sunshine. Quite hazy, particularly near the Central Belt, clearest air near the Cheviot.	Mostly cloudy with bright or sunny glimpses here and there, best east. Quite hazy.
How Cold? (at 750m)	6 or 7C at dawn, locally rising a degree. Some valleys cooler at dawn.	5 or 6C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 15 October, 2025

High pressure lingers over the country through the later days of this week: in the mornings, varied low cloud and valley fog is likely with highest tops still possibly above the cloud layer. As the weekend approaches, the inversion starts to weaken as pressure begins to fall gradually; cloud will begin to lift to higher slopes, starting to shroud mountain peaks more often. Local cloud breaks, best of breaks in west Wales, though a haze will linger on low slopes while high pressure remains in charge. Light winds overall, an easterly breeze likely for Wales.

Next weekend looks to be transitional as low pressure becomes favored. Winds rising with increasing cloud and a risk of rain.

Forecast issued at 15:41 on Monday, 13 October, 2025

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