

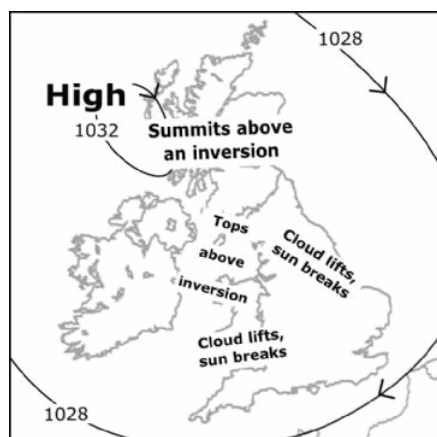
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 15 October, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 15 October, 2025

High Scottish Highland tops remain above an inversion except in the far north; cloud becoming well broken in many areas. Variable morning cloud in England and Wales lifts to or off higher slopes with sun breaks. Highest Lakeland and Snowdonia tops at or above cloud tops. Feeling mild for most, an easterly breeze in Wales.

#### Headline for Southern Uplands

Variable morning cloud lifts to high terrain, occasional sun breaks

## Detailed Forecast for Wednesday, 15 October, 2025

<b>How windy? (On the summits)</b>	Variable less than 10mph.
<b>Effect of wind on you?</b>	Negligible
<b>How wet? (Precipitation and its impact)</b>	No rain expected
<b>Cloud on the hills?</b>	<b>Cloud banks rise to high terrain</b> Banks of cloud possible at all heights in the morning including valley fog; the layer most extensive west of the M74. Bases gradually lift, mostly above 700m by afternoon, at times breaking to or above the summits.
<b>Chance of cloud free summits?</b>	50%
<b>Sunshine?</b> Air clarity (below cloud)	Occasional sun, particularly on lower slopes in the afternoon. Quite hazy, particularly near the Central Belt, clearest air towards Northumberland.
<b>How Cold? (at 750m)</b>	6 or 7C at dawn, locally rising a degree west of the M74. Some valleys cooler at dawn.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Thursday 16 October	Friday 17 October
<b>How windy? (On the summits)</b>	Generally northwesterly but variable 10-15mph, often less.	Easterly 10-20mph. Speeds will be variable, higher speeds mostly likely west and near Central Belt.
<b>Effect of wind on you?</b>	<b>Small</b>	<b>Fairly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Damp air where in cloud</b> Where within fog, some very fine drizzle drifting around.	<b>Rain unlikely</b> Small chance of very light rain arriving onto easternmost hills late in the day; likely dry all day.
<b>Cloud on the hills?</b>	<b>Variable, mostly over high terrain</b>  Banks of cloud at various heights from dawn, likely more extensive over Galloway and slopes near the Central Belt. Bases lift to 700m or higher, more broken east of M74. Will variably break and fill in, likely staying cloudiest in Galloway.	<b>Most extensive west, tending to lift</b>  From dawn, banks of cloud at various heights, likely more extensive in Galloway and near the Solway. Bases lift, some breaks to summits forming around the Borders. Galloway high terrain may struggle to clear.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly cloudy with bright or sunny glimpses here and there, best east. Quite hazy.	Bursts of sunshine from the Borders eastward, likely more cloudy Galloway. Morning haze, particularly near the Central Belt, tending to improve.
<b>How Cold? (at 750m)</b>	5 or 6C	5 or 6C
<b>Freezing Level</b>	Above the summits	Above the summits

## Planning Outlook

## All mountain areas of Britain from Thursday, 16 October, 2025

High pressure weakens as the weekend approaches: varied low cloud and valley fog remain likely in the mornings, causing damp surfaces and slippery rock-faces. Cloud lifts higher during the day, starting to shroud mountain peaks more often, cooler temperatures returning to the high tops. Local cloud breaks, best of breaks in west Wales, though a haze will linger on low slopes of southern Scotland, England, and Wales - clearer air likely below the cloud in the Scottish Highlands. Light winds overall, an easterly breeze for Wales.

The weekend sees a transition to low pressure. Winds will rise and more high cloud will reduce sunshine, rain then arriving late weekend and coming and going into the next week. Timing and location of rain uncertain for now.

## Forecast issued at 16:11 on Tuesday, 14 October, 2025

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