MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

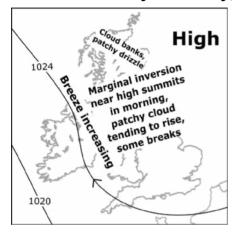
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





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General Summary for Friday, 17 October, 2025



British Mountain Summary: Based on forecast chart for noon 17 October, 2025

Varied areas of low cloud / fog in morning, some highest tops just poking above an inversion, mainly southwest-central Highlands, possibly Snowdon group and Lakeland high tops. Cloud tending to rise, some breaks locally. A thicker cloud layer north-east Highlands, local drizzle. SE'ly breeze starting to increase.

Headline for Southern Uplands

Patchy low cloud / early fog banks, some sunny breaks. Light wind.

Detailed Forecast for Friday, 17 October, 2025

How windy? (On the summits)	Variable 10mph or less in morning, becoming mostly easterly, then southeasterly into the afternoon 10-15mph, toward dusk 20mph in west. Then 20-25mph into night, strongest west.	
Effect of wind on you?	Mostly small	
How wet? (Precipitation and its impact)	No rain expected	
Cloud on the hills?	Most extensive west, tending to lift; some early lowland fog	
Chance of cloud free	From dawn, banks of cloud at various heights, more extensive in Galloway and near the Solway, also toward east coast. Some slopes above early fog in valleys. Cloud banks lifting and breaking, toward central and northern areas may clear completely. Patchy cloud likely to come and go over tops in Galloway into afternoon. 30% rising to 60%	
summits?		
Sunshine? Air clarity (below cloud)	Areas of sun, most widely afternoon and toward north/east, likely more cloudy Galloway. Morning haze, particularly near the Central Belt, tending to improve.	
How Cold? (at 750m)	5 or 6C, feeling nearer freezing where breeze increases.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Saturday 18 Octobor	Sunday 19 October
	Saturday 18 October	Sunday 19 October
How windy? (On the summits)	South to southeasterly, tending to increase 20 to 30mph, strongest soonest in western areas.	Southeasterly 30 to 45mph, speed may vary during day, often very gusty around higher tops.
Effect of wind on you?	Becoming more blustery, starting to feel noticeable on exposed terrain.	Expect blustery conditions, challenging walking over higher terrain, gusts knocking you off balance. Marked wind chill.
How wet?	Rain unlikely	Rain and drizzle, risk heavy west
(Precipitation and its impact)		Uncertain extent of rain during the day, greater risk more persistent Galloway, where may set in heavier, particularly afternoon. Patchier further north/eastwards, but with time rain may develop more widely from southwest.
Cloud on the hills?	Tending to clear, except Galloway	Fairly extensive, breaks north
	Variable cloud banks on the hills in the morning, mostly southern areas. Lifting toward or above many tops. Areas near Solway may struggle to clear, with lower cloud base all day to 500-600m.	Covering hills in Galloway most likely all day, from lower elevations up near Solway. May also widely cover hills toward M74, higher bases northward. Some breaks elsewhere, but filling in on hills in rain.
Chance of cloud free summits?	50%	20% west, 50% north/east
Sunshine? Air clarity (below cloud)	Glimpses of sun, best in north. Visibility good, but some haze, mistier in western areas.	Rare if any glimpses of sun. Hazy, or widely murky in rain; better visibility toward the central belt, and possibly much of Borders if dry.
How Cold? (at 750m)	6C, but feeling just below freezing in the wind.	6 or 7C. Feeling near -5C directly in the wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 18 October, 2025

Southeasterly winds increase into the weekend, becoming gale force on many hills into Sunday.

A dry day on Saturday with variable cloud - some highest tops may start near or above the cloud mainly in Scotland, but the inversion largely gone by this time as cloud rises higher - best breaks during the day toward the northwest of major hill groups. Fronts moving in from the Atlantic by Sunday bring rain, which is likely to become heavy, especially Wales, then northern England, but uncertainty how fast this spreads into Scotland.

A more unsettled outlook into next week with areas of rain and showers, which will vary locally day-to-day. Likely colder later in the week, may drop to freezing on highest mountains.

Forecast issued at 16:26 on Thursday, 16 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.