MOUNTAIN WEATHER INFORMATION SERVICE

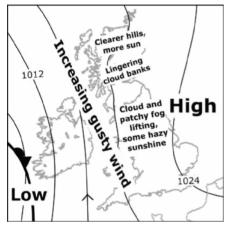
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Saturday, 18 October, 2025



British Mountain Summary: Based on forecast chart for noon 18 October, 2025

Breezy south-southeasterly winds, strongest and gustiest in west. Areas of low cloud on hill slopes and fog in some valleys from dawn. Cloud tends to rise and break, but persisting on some south-facing hills. Better northwards across the Highlands.

Headline for Southern Uplands

Strengthening wind. Damp low cloud may persist southwest.

Detailed Forecast for Saturday, 18 October, 2025

How windy? (On the summits)	South to southeasterly, tending to increase 20 to 30mph, strongest soonest in western areas.		
,	Increasing further into the night, gusty 35 to in places 40-45mph higher terrain.		
Effect of wind on you?	Becoming more blustery, starting to feel noticeable on exposed terrain. Deteriorating with stronger winds into night.		
How wet?	w wet? Damp air some south coast slopes		
(Precipitation and its impact)	Occasional fine drizzle where in cloud, mostly toward Solway.		
Cloud on the hills?	Tending to clear, except Galloway		
	Variable cloud banks on the hills in the morning, mostly southern areas. Lifting toward or above many tops. Areas near Solway struggles to clear, with lower cloud base all day to 500-600m.		
Chance of cloud free summits?	50% rising to 80% away from Galloway		
Sunshine?	Glimpses of sun, best in north, locally often sunnier Pentland hills.		
Air clarity (below cloud)	Visibility good, but some haze, mistier in western areas; improving into afternoon.		
How Cold? (at 750m)	6C, to 7 or 8C afternoon out of cloud, but feeling just below freezing in the wind.		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands - Looking Ahead

	Sunday 19 October	Monday 20 October
How windy? (On the summits)	Southeasterly 30 to 45mph, speed varying during day, often very gusty around higher tops; starting to lessen later.	Direction variable, mostly 10mph or less.
Effect of wind on you?	Expect blustery conditions, challenging walking over higher terrain, gusts knocking you off balance. Marked wind chill.	Small
How wet?	Rain becoming widespread, heavy west	Patchy rain, may escape drier
(Precipitation and its impact)	Rain already by dawn in Galloway, setting in heavy, lasting onward into afternoon, only clears later, becoming very wet underfoot. A largely dry dawn toward Borders & Lothians, but rain soon develops extensively.	Areas of light rain and some possible showers drifting around slowly. Amounts likely small, but locally may linger over several hours. Possibly widely often dry.
Cloud on the hills?	Extensive, early breaks north	Varied cloud banks, may persist
	Covering hills in Dumfries & Galloway most likely all day, from lower elevations up near Solway. Higher bases northward. Some breaks toward north and east early in day, but filling in on hills in rain.	Banks of cloud at various elevations from lower slopes upward from dawn, some slopes may be between cloud layers for a time. Areas of cloud linger around hills in rain. Local breaks forming to tops.
Chance of cloud free summits?	10% west; 50% dropping to 20% N/E.	40%
Sunshine? Air clarity (below cloud)	Sun unlikely, overcast all day. Hazy, or widely murky in rain; better visibility toward the central belt, and possibly much of Borders early in day.	Largely cloudy, some weak sun. Areas of mist into valleys in morning, may linger. Visibility locally very good below cloud.
How Cold? (at 750m)	6 or 7C. Feeling near -5C directly in the wind.	7C, little change all day.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 19 October, 2025

Fronts moving in from the Atlantic by Sunday bring rain, widely setting in heavy for several hours, soonest Wales, here later clearing.

A more unsettled outlook into next week as low pressure dominates with areas of rain and showers, which will vary locally day-to-day. Wind speeds will also vary, but some lulls. Potentially significantly colder later in the week with northerly winds, dropping below freezing on higher mountains, with snow showers especially Scottish Munros.

Forecast issued at 16:30 on Friday, 17 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.