MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

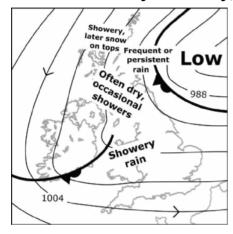
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Friday, 24 October, 2025



British Mountain Summary: Based on forecast chart for noon 24 October, 2025

Cold northerly winds gale force across Scottish mountains.

Showery in the north, most frequent precipitation for the
Cairngorms, turning to snow on higher tops. Drier with some sun
SW Highlands. Areas of rain extend into Borders and northern
England with time. Frequently showery in Wales, particularly south.

Headline for Southern Uplands

Wind strengthening later. Driest west, rain develops north/east.

Detailed Forecast for Friday, 24 October, 2025

How windy? (On the summits)	North to northwesterly 15 to 30mph morning. Will then increase to 40mph, nearer 50mph later in day Cheviots.		
Effect of wind on you?	Be prepared for blustery conditions for periods, with some lulls too. Marked wind chill where exposed to the wind.		
How wet? (Precipitation and its impact)	Rain developing from northeast Largely dry morning, bar an odd shower in Galloway. Then a zone of frequent or persistent rain edging into eastern hills from the north, becoming more widespread with time in afternoon.		
Cloud on the hills?	Varied over tops, lowering in rain Cloud bases may come and go over the tops through the day. Most widespread coverage likely to be over the Galloway hills.		
Chance of cloud free summits?	40%		
Sunshine? Air clarity (below cloud)	A little sun at times through high cloud, mainly early in the day. Visibility good or very good, but falling in rain.		
How Cold? (at 750m)	3C		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands - Looking Ahead

	Saturday 25 October	Sunday 26 October
How windy? (On the summits) Effect of wind on you?	Northwesterly 30 to 45mph, strongest sustained speeds furthest east and west; squally gusts locally in showers. Be prepared for very blustery conditions, arduous walking on higher tops with significant wind chill.	Northwesterly 25mph, to 35mph at first in east; easing briefly to 20mph. With time likely increasing westerly 30-35mph. Prepare for notable wind chill across the hills. Blustery, conditions may vary during day, but likely worsening from west.
How wet?	Isolated coastal showers	Local showers, then steady rain
(Precipitation and its impact)	Much of the area dry. Risk of one or two showers clipping into Galloway, snow on tops initially, and of a little rain edging onto easternmost hills.	Showery rain mostly Galloway hills in morning, may fall as snow on highest tops. Likely developing into more constant rain, extending eastwards with time afternoon, becoming heavy in western areas.
Cloud on the hills?	Mostly little if any	Very little, then lowering from west
	Occasional patches over the tops, mainly in west in morning and during afternoon higher Cheviots. Otherwise, hills clear.	Many hills start clear, occasional patches grazing high tops in Galloway. With time, cloud more frequent onto western tops, lowering in rain to become extensive above 500m, later also filling in above 600-700m east.
Chance of cloud free summits?	70%	80%, dropping to 20% west, 50% east.
Sunshine? Air clarity (below cloud)	Frequent sunshine. Clouding over in east. Visibility excellent.	Sun mostly in east in morning, weakening from west as high cloud thickens, becoming overcast. Visibility very good, then poor in rain.
How Cold? (at 750m)	0C lifting briefly to 2C, but feeling near -10C in the wind.	0C rising to 2 or 3C afternoon, 5C into evening-night, soonest west. If exposed to stronger winds, feeling near -10C.
Freezing Level	700-800m, marginal rise, then lowering again into evening.	Close to freezing around 800m in morning, plus frost in sheltered valleys at dawn. Rising above summits.

Planning Outlook

All mountain areas of Britain from Saturday, 25 October, 2025

A cold weekend; higher summits close to freezing point in England and Wales and below in Scotland. Substantially dry on many mountains but areas of frequent showers (hail and snow), mainly NW and W Highlands (where wind close to gale on Saturday) and north and west Wales. By Sunday afternoon, increasing threat of rain setting in on many western mountains - ahead of a less cold but often windy and wet few days. Westerly winds prevail, later in week trending southerly.

Forecast issued at 16:30 on Thursday, 23 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.