MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

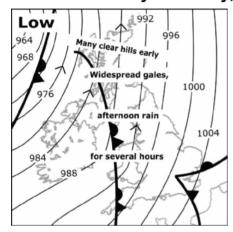
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





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General Summary for Friday, 31 October, 2025



British Mountain Summary: Based on forecast chart for noon 31 October, 2025

Widespread gales; difficult conditions are likely on high summits. Morning showers onto west coast hills, a substantially dry morning in southeast Scotland and Pennines. A broader area of rain sweeps across all areas through afternoon, heavy bursts for a time.

Headline for Southern Uplands

Rain and fog in Galloway spreads east afternoon; gales

Detailed Forecast for Friday, 31 October, 2025

How windy? (On the summits)	Southerly, speeds increasing quickly with height to between 40 to 50mph. Highest speeds over Galloway, some stronger winds up to 55mph afternoon over high tops.		
Effect of wind on you?	Widely arduous and in places (west from Moffat/Tweedsmuir hills) difficult walking and significant wind chill in upland gales. Be aware of strengthening winds over tops afternoon.		
How wet? (Precipitation and its impact)	Frequent rain west, setting in widely through afternoon Through morning, frequent rain from Galloway to the Moffat/Tweedsmuir hills (heaviest Galloway), to only occasional or rare rain eastern Borders and Cheviots. Rain sets in more widely for a time west of M74 afternoon, spreading east as dusk approaches; heavy bursts, small chance isolated thunder in west.		
Cloud on the hills?	Persistent Galloway; often above summits further east		
	In Galloway, persistent fog from a few hundred metres up on southern slopes, higher bases to the north but high terrain likely stays in cloud. Elsewhere, rolls of cloud may cover some higher slopes, but most summits cloud free until rain sets in, bringing cloud widely to higher slopes.		
Chance of cloud free summits?	70% east at first, then widely 10%		
Sunshine? Air clarity (below cloud)	Weak sunshine from the Borders eastward in the morning, little sun in Galloway. Trending widely overcast. Very good or excellent visibility, but persistently poor Galloway and then east as rain sets in.		
How Cold? (at 750m)	7C rising to 8 or 9C; least warming in Galloway. Will feel more like -5C directly in the wind.		
Freezing Level	Above the summits.		

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Southern Uplands - Looking Ahead

	Saturday 1 November	Sunday 2 November
How windy? (On the summits)	Southwesterly in the range 30 to 35mph. Winds may be much stronger around the Cheviot at and before dawn.	Southwesterly 30-40mph.
Effect of wind on you?	Strenuous walking much of the day - risk of difficult conditions very early in the east. Considerable wind chill.	Strenuous walking - stability will be regularly challenged in exposure. Significant wind chill.
How wet?	Morning rain soon breaks into showers	Some showery rain, mostly west
(Precipitation and its impact)	Morning rain gradually passes northward and breaks, leaving behind scattered afternoon showers.	Showery rain comes and goes over Galloway hills, most frequent on northern slopes. Odd spots passing further east. Likely dry eastern Borders and Lothians.
Cloud on the hills?	Rising to higher tops and breaking	Mostly west, improving east
	Cloud widely covering higher areas from dawn. Will improve intermittently as cloud base rises to around 700-800m, increasingly broken later in the day.	Cloud will cling to southern Galloway slopes and drift over the summits most of the day. Some banks on higher ground further east, though tending to lift to high tops with higher breaks, clearest eastern Borders and Lothians.
Chance of cloud free summits?	50%, rising into evening	20% west, 50% east
Sunshine? Air clarity (below cloud)	Brief patches of sun, increasingly frequent and prolonged. Good visibility but temporarily poor in precipitation.	Patchy sunshine, though several hours of high cloud weakening the sun is likely. Very good visibility.
How Cold? (at 750m)	4C dropping slightly through the day. Will feel as cold as -10C directly in the wind.	2 to 4C, locally cooler at dawn in the Borders. Feeling like -8C in direct wind.
	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 1 November, 2025

An extended period (well into November) of frequent rainfall, particularly western mountains where widely considerable accumulation. Atlantic winds will be often strong, gale force at times. Temperatures generally near or above average: brief interludes in Scotland where freezing level drops below higher summits.

Brighter periods will occur between broader areas of rain, best of cloud clearing hills away from the west coast. A few brief settled periods will occur as well, though timing is uncertain. First indications suggest one of these more settled periods could occur next weekend.

Forecast issued at 7:51 on Friday, 31 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.