#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

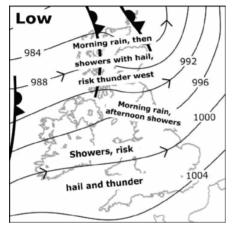


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# General Summary for Saturday, 1 November, 2025



# British Mountain Summary: Based on forecast chart for noon 1 November, 2025

In Scotland morning rain breaks into afternoon showers, most frequent west with hail and risk thunder. Strong gales on high tops of England and Wales at dawn, these easing though remaining windy. A rainy morning as well, breaking into showers; a risk of hail and thunder on mountains near the west coast.

#### **Headline for Southern Uplands**

Morning rain and fog breaking; windy, notably early east

# **Detailed Forecast for Saturday, 1 November, 2025**

At dawn, generally southerly 35-40mph, though risk up to 50mph near the Cheviot. Changeable around Galloway, locally lighter winds. Trending west-southwesterly through morning for all and speeds more uniform around 35-40mph.  Strenuous-to-arduous walking much of the day - difficult conditions are likely on high eastern terrain at and before dawn. Beware a risk of rapidly changing conditions in Galloway at first. Considerable wind chill.	
Morning rain breaks into scattered showers  Morning rain fairly widespread. Rain gradually passes northward and breaks, leaving behind scattered afternoon showers.	
Rising to higher tops and breaking  Cloud widely covering higher areas from dawn. Will improve intermittently as cloud base rises to around 700-800m, increasingly broken later in the day. Cloud banks may continue to graze higher slopes in the west  20%, rising to 60%	
Brief patches of sun, increasingly frequent and prolonged afternoon.  Poor visibility early, improving as rain breaks.	
5C from dawn, nearer 4C in Galloway; lowering to 3C. Will feel as cold as -10C directly in the wind.  Above the summits	

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### **Southern Uplands - Looking Ahead**

	Sunday 2 November	Monday 3 November
How windy? (On the summits)	Southwesterly 35-45mph.	Southwesterly 40-50mph. Gusty over the high tops, up to 55mph+ locally.
Effect of wind on you?	Strenuous walking - stability will be regularly challenged in exposure. Significant wind chill.	Widely arduous-to-difficult conditions and feeling cool. Gusts in exposure may require bracing to maintain stability.
How wet?	Some showery rain, mostly west	Drizzly; wettest west, later more widely
(Precipitation and its impact)	Showery rain comes and goes over Galloway hills, most frequent on northern slopes. Odd spots passing further east, particularly early on southern Borders and Cheviots. Likely dry eastern Borders and Lothians.	Morning rain passes to the east. Drizzly over high tops, more rainy western Borders and Galloway. A broader swathe of rain arrives from the west later.
Cloud on the hills?	Mostly west, improving east	Extensive
	Cloud will cling to southern Galloway slopes and drift over the summits most of the day. Some banks on higher ground further east, though tending to lift to high tops with higher breaks, clearest eastern Borders and Lothians.	Mid and high terrain shrouded with fog to lower slopes of Galloway, drifting up the Solway towards the Moffat hills. Higher bases around the Cheviot and Lothians, possibly an odd break north.
Chance of cloud free summits?	20% west, 50% east	10%
Sunshine? Air clarity (below cloud)	Patchy sunshine, though several hours of high cloud weakening the sun is likely. Very good visibility.	Largely overcast and dull, some bright moments possible near the Lothians. Poor visibility in rain.
How Cold? (at 750m)	2 to 4C, locally cooler at dawn in the Borders. Feeling like -8C in direct wind.	9 or 10C. Feeling below freezing in exposure to wind.
Freezing Level	Above the summits	Above the summits

## **Planning Outlook**

#### All mountain areas of Britain from Sunday, 2 November, 2025

An extended period (well into November) of frequent rainfall, particularly western mountains where widely considerable accumulation will at times pose a flood risk. Atlantic winds will be often strong, gale force at times. Temperatures generally near or above average: brief interludes in Scotland where freezing level drops below higher summits, resulting in snow on highest terrain, though little accumulation and soon melting.

Brighter periods will punctuate the rain, best of cloud clearing hills away from the west coast. A few brief settled periods will occur as well, though unlikely longer than a day and timing is uncertain.

#### Forecast issued at 16:20 on Friday, 31 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.