

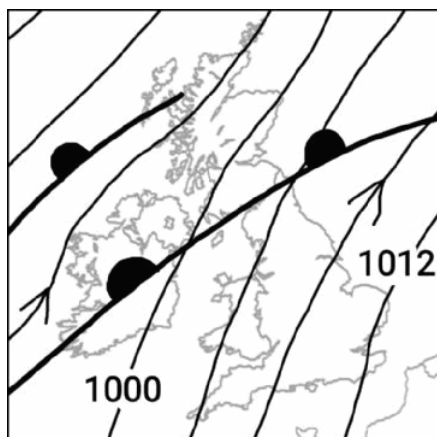
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 4 November, 2025



British Mountain Summary:

Based on forecast chart for noon 4 November, 2025

Strong to gale-force south to south-westerly winds bringing frequent rainfall and extensive hill fog once more, especially across England and Wales, and into western and southern parts of Scotland. Drier, with the best cloud breaks, towards north Highland and northern Cairngorm NP.

Headline for Southern Uplands

Strong winds and mild with extensive hill fog and frequent rain.

Detailed Forecast for Tuesday, 4 November, 2025

How windy? (On the summits)	South to higher up southwesterly 40mph. May ease in the afternoon, certainly across northern areas.
Effect of wind on you?	Continued arduous conditions where exposed on higher areas, where wind chill significant.
How wet? (Precipitation and its impact)	Frequent or persistent rain, wettest south Rain frequently most or all day, heaviest and most persistent southern areas. Very wet underfoot and streams in spate. Least rainfall toward Lothians.
Cloud on the hills?	Very extensive; higher cloud base into Borders. Widely persistent fog above 200 to 400m. Toward the Lothians and east across the Cheviots, higher cloud base, may reach 650m.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly near Lothians and Cheviots. Otherwise, mostly dull and misty.
How Cold? (at 750m)	8C Will feel as cold as minus 2C directly in the wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 5 November	Thursday 6 November
How windy? (On the summits)	Southerly 15 to 25mph, perhaps 30mph for a time in the morning.	Southerly 15 to 30mph
Effect of wind on you?	Be prepared for blustery conditions, especially through the morning when there will be considerable wind chill.	Blustery periods through the day, may well affect balance in the strongest gusts.
How wet? (Precipitation and its impact)	Frequent rainfall Frequent pulses of rain through the day, some of which heavy. May ease off later in the day.	Pockets of drizzle here and there Within a very mild and humid environment, expect pockets of drizzle here and there. Perhaps later in the day, steadier rain may arrive from the south.
Cloud on the hills?	Extensive Extensive hill fog throughout the day. Lowest bases across Galloway.	Extensive, very low bases near Solway. Extensive hill fog likely through the day. Lowest and most widespread cloud on hills west of M74. Nearly down into valleys hills nearest the Solway.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Overcast. Visibility sometimes poor due to rain.	Mostly overcast. Visibility rather hazy and poor in drizzle.
How Cold? (at 750m)	10C	11C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 5 November, 2025

Remaining very unsettled with as a series of deep Atlantic lows, and their associated fronts, continue to cross Britain over the next week. Frequently windy, with high rainfall, particularly on western mountains (rain at some stage almost daily) and cloud will frequently cover higher areas. Only rarely cold enough for snow higher mountains in Scotland.

Forecast issued at 7:20 on Tuesday, 4 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.