

Southern Uplands

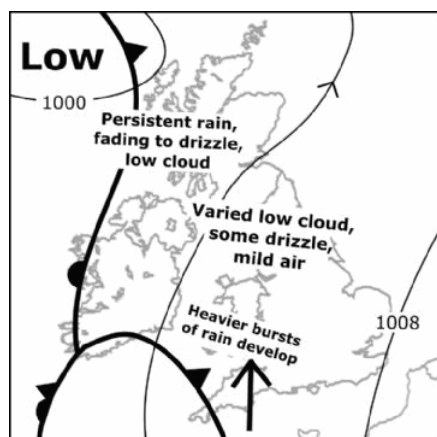
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 6 November, 2025



British Mountain Summary:

Based on forecast chart for noon 6 November, 2025

Mild and damp southerly air - lowest cloud on south-facing hills. Morning rain and drizzle in the Highlands easing off, some rise of cloud base. Gusty in places, strongest wind western Scotland. England sees little more than patchy rain or drizzle, whilst Wales has some pulses of heavier rain moving up from the south.

Headline for Southern Uplands

Gusty wind west. Low cloud, some drizzly rain, mostly west.

Detailed Forecast for Thursday, 6 November, 2025

How windy? (On the summits)	Southerly 15 to 25mph, occasional gusty 30mph western tops.
Effect of wind on you?	Blustery periods through the day, in places starting to affect balance in the strongest gusts.
How wet? (Precipitation and its impact)	Drizzle mostly west, some rain occasionally Pockets of drizzle, most common on southern hills west of the M74, some more persistent rain at times moving in from the Solway. Elsewhere, amounting to very little much of day, largely dry Borders to Lothians. Wet underfoot, streams in spate, some flooding Dumfries and Galloway.
Cloud on the hills?	Extensive, very low bases near Solway. Extensive hill fog likely through the day. Lowest and most widespread cloud on hills west of M74. Nearly down to coastal cliffs on hills nearest the Solway.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Mostly overcast. Visibility rather hazy and poor in drizzle.
How Cold? (at 750m)	10C, to locally 12C warmest toward north/east.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Friday 7 November	Saturday 8 November
How windy? (On the summits)	Southerly, trending southeasterly 15-25mph. Strongest west up to 30mph or higher over Galloway tops.	Southerly 20 to 30mph, speeds may vary, typically strongest over Galloway hills.
Effect of wind on you?	Fairly small, though some uncomfortable winds over tops at times, particularly west where speeds may vary.	Feeling breezy over higher terrain, may start to affect comfortable walking in some gustier locations in west.
How wet? (Precipitation and its impact)	Bursts of rain west Occasional bursts of rain drifting onto Galloway slopes from the south. Drizzle over high tops west of the Borders. A few spots of rain may drift further east as the day goes.	A little rain or drizzle southwest Drizzly patches most common Dumfries and Galloway, some intermittent rain mostly toward west, locally a shower near to the Solway. Often dry toward Lothians.
Cloud on the hills?	Fairly extensive An extensive sheet of cloud cloaks the hills for several hours after dawn. Bases will lift on northern slopes and some breaks will form here as well. Southern slopes of the Borders and Galloway will remain shrouded in fog.	Fairly extensive, lowest southwest Shrouding the hills most or all day, some different fog layers possible, including some lower slopes in the morning, or all day toward the Solway, widely 300-400m most western hills. Breaks above 600m Pentlands to Borders.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	A few glimpses of sun on northern slopes, otherwise overcast. Excellent visibility where out of fog.	Rare if any weak sun, mostly toward Pentland hills, where visibility good. Mostly misty at various levels.
How Cold? (at 750m)	8 or 9C, always coolest west. May reach 10C over the Cheviot and Lothians.	6 or 7C.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 7 November, 2025

Staying mild with low cloud, drizzle and rain at times through into next week. Areas northeast of major hill groups seeing least rain and highest cloud breaks. Southerly winds of varied strengths, sometimes more blustery, approaching gale-force in exposed western areas. Some drier areas into the weekend, then a risk of heavier rain returning from the west, soonest into Wales and southwest Scotland on Sunday.

Further into next week, easterly winds are likely to develop for Scotland, bringing drier weather to the west, and potentially much colder with time. England & Wales may remain frequently wet under slow-moving low pressure.

Forecast issued at 16:30 on Wednesday, 5 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.