#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Southern Uplands**

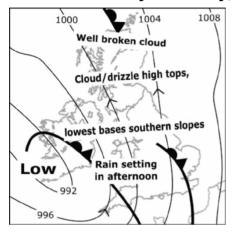
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





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### General Summary for Friday, 7 November, 2025



# British Mountain Summary: Based on forecast chart for noon 7 November, 2025

Cloud and drizzle in central and south Scotland, clearer hills (including some summits) north. Blustery coasts from Skye southward, Wales breezy too. A cloud sheet will cover English and Welsh peaks with low bases on south aspects. Rain over south Wales through afternoon, risk of afternoon rain for the Pennines.

#### **Headline for Southern Uplands**

Patchy rain mostly west, cloud extensive over tops

## Detailed Forecast for Friday, 7 November, 2025

How windy? (On the summits)	Southerly, trending southeasterly 15-25mph, perhaps at times lighter in the east. Strongest winds west with gusts up to 30mph or higher over Galloway tops.	
Effect of wind on you?	Fairly small, though some uncomfortable winds over tops at times, particularly west where speeds may vary - considerable buffeting in strongest gusts.	
How wet?	Drizzle on western tops; some patchy rain	
(Precipitation and its impact)	Occasional patches of rain drifting onto Galloway slopes from the south in the morning; drizzle likely over high tops of western Borders and Galloway. Some patches may return later in the day, including around the Cheviot.	
Cloud on the hills?	Fairly extensive	
	An extensive sheet of cloud cloaks high terrain for most or all day. Bases will lift on northern slopes and local breaks will form here as well. Southern slopes of Galloway towards the Moffat hills will remain shrouded in fog.	
Chance of cloud free summits?	10%	
Sunshine? Air clarity (below cloud)	A few glimpses of sun on northern slopes where visibility will be excellent. Elsewhere overcast with poor visibility on high terrain.	
How Cold? (at 750m)	8 or 9C, always coolest west. May locally reach 10C on northern aspects of the Cheviot and Lothians.	
Freezing Level	Above the summits	

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#### Southern Uplands - Looking Ahead

	Saturday 8 November	Sunday 9 November
How windy? (On the summits)  Effect of wind on you?	Southerly 15 to 25mph, speeds may vary, typically strongest over Galloway hills, up to 30mph.  Feeling breezy over higher terrain, may start to affect comfortable walking in some gustier locations in west.	South-southwesterly 30-35mph. Strongest winds west reaching up to a gusty 45mph (not just on tops).  Strenuous-to-arduous walking with considerable buffeting and wind chill.  Most significant effects around midday.
How wet?	A little rain or drizzle southwest	Often raining, most in the west
(Precipitation and its impact)	Drizzly patches most common Dumfries and Galloway, some intermittent rain mostly toward west, locally a shower near to the Solway. Often dry toward Lothians.	From dawn, drizzle on southern Galloway slopes towards Moffat hills, soon setting in more widely well into afternoon. More patchy east, but also extended rain here afternoon.
Cloud on the hills?	Fairly extensive, lowest southwest	Fairly extensive, mostly west
	Often shrouding the hills, some different fog layers possible, including some lower slopes in the morning, or all day toward the Solway, widely 300-400m most western hills. Breaks above 600m Pentlands to Borders.	An extensive layer of cloud covers high terrain of Galloway and the Borders most of the day, some bases to middle or lower slopes near the Solway. Bases nearer 600-700m east of M74 at first, lowering as rain arrives.
Chance of cloud free summits?	20%	30% east at first, lowering to 10%
Sunshine? Air clarity (below cloud)	Rare if any weak sun, mostly toward Pentland hills, where visibility good. Mostly misty at various levels.	A few glimpses of weak sun in the east at first, becoming overcast.  Poor visibility west, excellent in the east at first through turning poor here too.
How Cold? (at 750m)	6 or 7C. May be slightly warmer around dawn.	6 or 7C at dawn, coolest in the Borders. Locally rising to 8C, most likely east. Feeling like -3 to -5C in direct wind.
Freezing Level	Above the summits	Above the summits

#### **Planning Outlook**

#### All mountain areas of Britain from Saturday, 8 November, 2025

A brief brighter spell on Saturday, but otherwise staying mild with low cloud, drizzle and rain at times well into next week. Areas northeast of major hill groups seeing least rain and highest cloud breaks, though high summits will struggle to clear the fog as the air will remain generally humid. Southerly winds of varied strengths, sometimes more blustery, approaching gale-force in exposed western areas.

As the following weekend approaches, indications of northeasterly winds developing for Scotland, bringing drier weather to the west, and potentially much colder with time. England & Wales may remain frequently wet under slow-moving low pressure - uncertainty over timing and locations of the coldest conditions.

#### Forecast issued at 15:58 on Thursday, 6 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.