

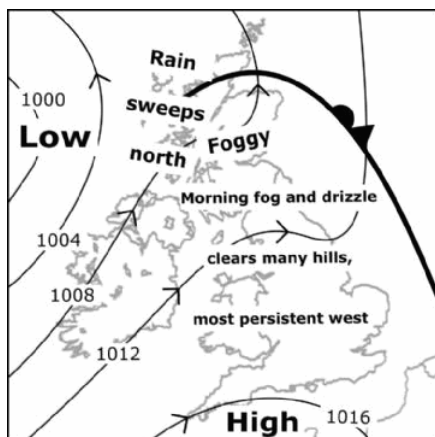
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 8 November, 2025



British Mountain Summary:

Based on forecast chart for noon 8 November, 2025

Morning rain in western Scotland with fog on most high terrain; lower and more extensive fog central and southern highlands. A misty, drizzly start on high terrain of England and Wales, though improving - cloud increasingly broken, particularly east of high tops. Feeling mild in moderate winds, a slight cooling later.

Headline for Southern Uplands

Most fog and rain west, an improving trend

Detailed Forecast for Saturday, 8 November, 2025

How windy? (On the summits)	Southerly 15 to 25mph, strongest winds in the west where some gusts over high Galloway tops may reach up to 30mph. Winds shift southwest through morning, remaining variable within the above range. Strengthening overnight.
Effect of wind on you?	Fairly small, though feeling breezy over higher terrain at times where walking may be uncomfortable.
How wet? (Precipitation and its impact)	Drizzle and some showers, tending to ease Patchy rain for most areas in the morning, easing. High tops of the Borders and Galloway will see drizzle spells as well as a few patchy showers, tending to ease.
Cloud on the hills?	Fairly extensive west, decent breaks east From dawn, shrouding the hills, some different fog layers possible, including some lower slopes in the morning, or all day toward the Solway, widely 300-400m most western hills. Breaks above 600m Pentlands to Borders.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Rare if any weak sun, mostly toward Pentland hills, where visibility very good. Visibility likely poor on most western hills in fog.
How Cold? (at 750m)	8C from dawn, slowly lowering through the day to 6C. Easternmost hills stay slightly warmer.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Sunday 9 November	Monday 10 November
How windy? (On the summits) Effect of wind on you?	South-southwesterly 30-35mph. Strongest winds west reaching up to a gusty 45mph (not just on tops). Strenuous-to-arduous walking with considerable buffeting and wind chill.	Generally southwesterly though variable, 15mph or less. May at times strengthen towards 20mph Borders and eastward. Mostly small
How wet? (Precipitation and its impact)	Rain gradually sets in widely from west From dawn, fine drizzle on southern slopes towards Moffat hills, rain soon setting in from the west. Dry east at first, then also gradually setting in here.	Morning rain, then substantially dry Rain fairly widespread from daybreak soon breaks and clears away to the north, wet underfoot at first. Odd showers follow, most frequent on Galloway and Moffat hills.
Cloud on the hills?	Extensive west, spreading east An extensive layer of cloud covers high terrain of Galloway and the Borders most of the day, some bases to middle or lower slopes near the Solway. High bases east at first, perhaps clear over the Cheviot, before more widely extensive in rain.	Extensive at first, greatly improving east Extensive on high terrain from dawn with fog onto middle and lower slopes of Galloway and the west Borders. Cloud lifts and breaks off the Cheviot and Lothians, will cling to hills west of M74.
Chance of cloud free summits?	70% east at first, lowering to 10% widely	Rising to 70% east, 20% west
Sunshine? Air clarity (below cloud)	Glimpses of weak sun in the east at first, becoming overcast. Poor visibility west, excellent in the east at first through turning poor here too.	Little sunshine in the west, bursts of sun increasingly frequent east. Excellent visibility, though some haze near Central Belt.
How Cold? (at 750m) Freezing Level	6 or 7C at dawn, coolest in the Borders. Locally rising to 8C east. Feeling like -3 to -5C in direct wind. Above the summits	5 or 6C, coolest in the west. Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 9 November, 2025

A cloudy and wet week ahead as several low pressure cores draw frontal systems across the British Isles. Rain at times extensive and heavy, streams in spate with a risk of flooding, primarily western mountains. Winds start fairly light but soon increase with gales becoming widespread by Tuesday, which may persist for several days. Temperatures remain mild until later in the week when cold air begins pushing into northern Scotland - timing and extent of the arrival of cold air remains uncertain but high terrain of Scotland and possibly northern England may start to see more snow around or after next weekend.

Forecast issued at 15:55 on Friday, 7 November, 2025

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