

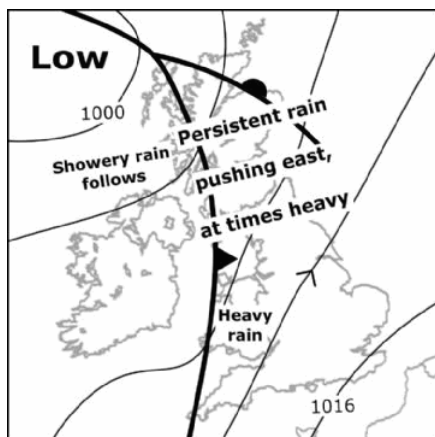
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 9 November, 2025



British Mountain Summary:

Based on forecast chart for noon 9 November, 2025

A swathe of rain advances eastwards across all regions during the day, heaviest over south-facing hill groups, patchier northwards across the Highlands, breaking up with time in the west, leaving a few showers, rising cloud bases. Windy, up to gale force high tops, most sustained in Wales.

Headline for Southern Uplands

Strongest winds easing afternoon. Widely wet with low cloud.

Detailed Forecast for Sunday, 9 November, 2025

How windy? (On the summits)	South-southwesterly 30-35mph. Strongest winds west reaching up to a gusty 45mph in morning (not just on tops). Speeds tending to lower in afternoon from west to 25mph.
Effect of wind on you?	Strenuous-to-arduous walking with considerable buffeting and wind chill. Improving a little through afternoon.
How wet? (Precipitation and its impact)	Rain sets in widely from west From dawn, drizzly rain soon setting in for heavier persistent rain from the west, lasting onward through middle of day. Dry east at first, then also gradually setting in here. Rain starting to fade from Galloway in afternoon.
Cloud on the hills?	Extensive west, spreading east An extensive layer of cloud covers high terrain of Galloway and the Borders most of the day, some bases to middle or lower slopes near the Solway. Higher bases toward Borders/Lothians at first, before more widely extensive in rain.
Chance of cloud free summits?	60% east at first, lowering to 10% widely
Sunshine? Air clarity (below cloud)	Largely overcast. Poor visibility west, starting good in the east at first through turning poor here too.
How Cold? (at 750m)	6 to 8C, coolest in Galloway, tending to lower a little during day from west. Feeling like -3 to -5C in direct wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Monday 10 November	Tuesday 11 November
How windy? (On the summits) Effect of wind on you?	Generally southwesterly though variable, 15mph or less. May at times strengthen towards 20mph Borders and eastward. Mostly small	Southeast soon southerly, strengthening, soonest in southwest, 30 to 45mph, risk later in day 50-60mph. Challenging walking conditions over higher terrain, very gusty in places, risk becoming more difficult.
How wet? (Precipitation and its impact)	Morning rain, then substantially dry Rain fairly widespread from daybreak soon breaks and clears away to the north, wet underfoot at first. Odd showers follow, most frequent on Galloway and Moffat hills.	Rain heaviest in west Rain widespread throughout the day, the most prolonged heavy falls across hills near and west of the M74, likely increasingly setting in here. Streams in spate, flooding develops.
Cloud on the hills?	Extensive at first, greatly improving east Extensive on high terrain from dawn with fog onto middle and lower slopes of Galloway and the west Borders. Cloud lifts and breaks off the Cheviot and Lothians, will cling to hills west of M74.	Extensive, lowest south Blanket low cloud across the hills Dumfries and Galloway, to lower slopes southern areas. Higher bases north and eastwards but covering hills widely. Some breaks above 600m toward Lothians.
Chance of cloud free summits?	Rising to 70% east, 20% west	Below 10%
Sunshine? Air clarity (below cloud)	Little sunshine in the west, bursts of sun increasingly frequent east. Excellent visibility, though some haze near Central Belt.	Overcast and murky, better visibility locally toward Lothians.
How Cold? (at 750m) Freezing Level	5 or 6C, coolest in the west. Above the summits	5C rising in morning to 7C, reaching 9C afternoon; only small fall with height. Feeling below freezing directly in wind. Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 10 November, 2025

A cloudy and wet week ahead as several low pressure cores draw frontal systems across the British Isles. Rain at times extensive and heavy, streams in spate with a risk of flooding, primarily western mountains. Winds start fairly light but soon increase with gales becoming widespread by Tuesday, which may persist for several days. Temperatures remain mild until later in the week when cold air begins pushing into northern Scotland - timing and extent of the arrival of cold air remains uncertain but high terrain of Scotland and possibly northern England may start to see more snow around or after next weekend.

Forecast issued at 16:30 on Saturday, 8 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.