

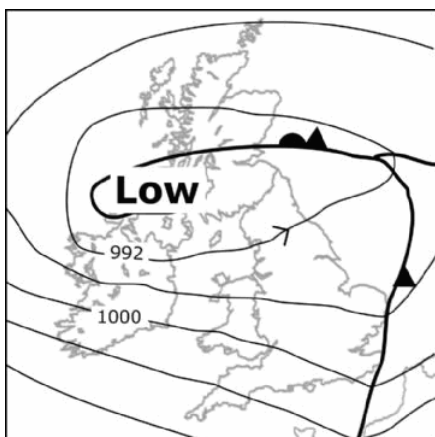
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 23 November, 2025



British Mountain Summary:

Based on forecast chart for noon 23 November, 2025

Low pressure will dominate the weather bringing areas of strong winds, rain (or snow on higher areas) and extensive fog to the hills - whiteout in places mainly southern Highlands. Windiest in Wales where upland gales will strengthen, whilst least windy S Scotland.

Headline for Southern Uplands

Rain on and off; extensive fog.

Detailed Forecast for Sunday, 23 November, 2025

How windy? (On the summits)	Low confidence - near centre of low pressure: Mainly between south and east 10 to 20mph, although risk late in day of 30mph near Solway.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Frequent or persistent rain, risk sleet highest tops Areas of persistent rain will circulate around a centre of low pressure - most persistent morning Borders, and after a break may return to Dumfries and Galloway into the afternoon. Possibly sleet highest tops.
Cloud on the hills?	Very extensive Persistent fog most mountains, widely above 400 to 600m, and sometimes covering lower slopes, particularly Borders.
Chance of cloud free summits?	Less than 10%
Sunshine? Air clarity (below cloud)	Cloudy or dull; extensive fog on the hills.
How Cold? (at 750m)	1C. Will feel as cold as minus 10C directly in the wind.
Freezing Level	800m or above.

Southern Uplands - Looking Ahead

	Monday 24 November	Tuesday 25 November
How windy? (On the summits)	Northerly, 25 to 35mph, least windy Galloway, perhaps 40mph The Cheviot.	Northerly later backing west or southwesterly. A prolonged lull of 10-15mph, perhaps 25mph Borders at first.
Effect of wind on you?	Walking arduous, particularly near precipitation in Borders, where in sudden gusts balance likely to be difficult and wind chill considerable.	Small
How wet? (Precipitation and its impact)	Snow and hail showers - Borders Eastern and southern Borders: Frequent showers extending inland from North Sea, bringing hail and above 450m snow A marked cut off west across Borders, to isolated if any flurries.	Precipitation very unlikely
Cloud on the hills?	Clearing most summits Cheviot hills: Cloud base varying as showers come and go: typically 500 or 600m, but shafts of cloud below 400m near precipitation. Elsewhere: summits mostly clearing during morning although cloud may come and go above 750m.	Mostly or all clearing Patches covering highest slopes at times, but most summits extensively cloud free.
Chance of cloud free summits?	70%	70%
Sunshine? Air clarity (below cloud)	Periods of bright sunshine Dumfries and Galloway. Little sun Borders, particularly near The Cheviot. Visibility very good, but poor in precipitation.	Bright sunshine, most widely Loch Lomond NP and Arran. The air very clear so excellent visibility, but fog some valleys and higher slopes.
How Cold? (at 750m)	1C - a marginal drop likely through the day Will feel as cold as minus 10C directly in the wind.	1C
Freezing Level	850m.	Just above the summits Frost many valleys morning.

Planning Outlook

All mountain areas of Britain from Monday, 24 November, 2025

After a brief burst of cold air on Monday and Tuesday winds will turn westerly . It will be milder with a week or more frequent rain and upland gales, particularly on western mountains. In Scotland, temperatures on the Munros will sometimes be below freezing point, but fresh snow transient, whereas elsewhere, snow rare, if any.

Forecast issued at 14:39 on Saturday, 22 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.