MOUNTAIN WEATHER INFORMATION SERVICE

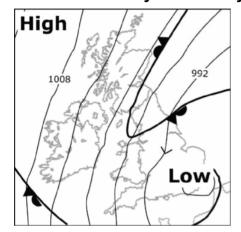
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 24 November, 2025



British Mountain Summary: Based on forecast chart for noon 24 November, 2025

Turning cold from north and extensively windy behind an area of low pressure centred over SE England. Snow and hail showers will affect N & E Scotland, whilst further south patchy rain (sleet highest summits), but total rainfall small.

Headline for Southern Uplands

Showers, especially Borders; windy.

Detailed Forecast for Monday, 24 November, 2025

How windy? (On the summits)	Northerly, 30 to 35mph, least windy west of M74, but sometimes 40mph The Cheviot.	
Effect of wind on you?	Walking arduous, particularly near precipitation particularly Borders, where in sudden gusts balance likely to be difficult and wind chill considerable.	
How wet?	Snow and hail showers - Borders	
(Precipitation and its impact)	Frequent showers extending inland from North Sea, bringing hail and above 450m snow Few showers, mostly brief west if M74.	
Cloud on the hills?	Clearing most summits, particularly west of M74	
	Cheviot hills: Cloud base varying as showers come and go: typically 500 or 600m, but shafts of cloud below 400m near precipitation. Elsewhere: summits mostly clearing during morning although cloud often above 700m	
Chance of cloud free summits?	near upper Tweed and patches on highest tops west of M74. 80% west of M74 to 40% elsewhere	
Sunshine? Air clarity (below cloud)	Periods of bright sunshine west of M74, particularly near Solway. Little sun Borders, particularly near The Cheviot. Visibility very good, but poor in precipitation.	
How Cold? (at 750m)	1C - a marginal drop likely through the day Will feel as cold as minus 10C directly in the wind.	
Freezing Level	Above the summits - although close to freezing point highest summits by afternoon.	

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Southern Uplands - Looking Ahead

	Tuesday 25 November	Wednesday 26 November
How windy? (On the summits) Effect of wind on	Northerly 20 to 35mph, strongest Borders, gradually easing from west to 10 to 15mph. Considerable buffeting and wind chill	Southwesterly soon 40 to locally 50mph highest tops: the strong winds penetrating eastward by about midday. Extensively difficult walking soon
you?	after dawn, but will become small through afternoon.	developing where exposed with sudden gusts and significant wind chill.
How wet?	Precipitation very unlikely	Rain and drizzle; extensive west
(Precipitation and its impact)		Frequent rain and drizzle gradually spreading east morning. However, the rain patchy and very little in total near the Lothians and Cheviot hills.
Cloud on the hills?	Mostly or all clearing	Most hills filling in with fog
	Patches covering highest slopes at times, but most summits extensively cloud free.	Many higher slopes initially cloud free Borders. Will deteriorate from west as cloud fills in widely below 300-450m. But near the Lothians and Cheviot hills, slowly filling in across higher slopes, typically 500 to 650m afternoon.
Chance of cloud free summits?	70%	Dropping to 20%
Sunshine? Air clarity (below cloud)	Bright sunshine, most widely Loch Lomond NP and Arran. The air very clear so excellent visibility, but fog some valleys and higher slopes.	Little or no sunshine; becoming extensively dull and misty as visibility drops in rain.
How Cold? (at 750m)	1C	1C rising to 5C. Will feel as cold as minus 12C directly in the wind.
Freezing Level	Just above the summits Frost many valleys morning.	Locally 900m at first; rising above the summits, probably during morning. Frost many valleys at dawn.

Planning Outlook

All mountain areas of Britain from Tuesday, 25 November, 2025

As a series of deep Atlantic lows pass north of or across Britain, rainfall be become high particularly on western mountains together with frequent upland gales and low cloud. In Scotland, temperatures on the Munros will sometimes be below freezing point, but fresh snow transient, whereas elsewhere, snow rare, if any.

Forecast issued at 14:00 on Sunday, 23 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.