MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

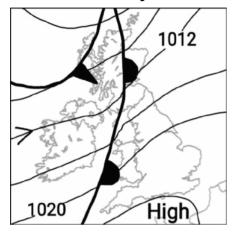
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





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General Summary for Wednesday, 26 November, 2025



British Mountain Summary: Based on forecast chart for noon 26 November, 2025

Scotland: Southerly gales with hill fog extend east to become very extensive with rain and drizzle; transient snow upper slopes. England and Wales: Strengthening southerly winds with hills filling in with low cloud with patchy rain and drizzle.

Headline for Southern Uplands

Strong winds with hills filling in with fog, with frequent rain and drizzle moving in.

Detailed Forecast for Wednesday, 26 November, 2025

How windy? (On the summits)	Southwesterly soon 40 to locally 50mph highest tops: the strong winds penetrating eastward by about midday.	
Effect of wind on you?	Extensively difficult walking soon developing where exposed with sudden gusts and significant wind chill.	
How wet? (Precipitation and its impact)	Rain and drizzle; extensive west Frequent rain and drizzle gradually spreading east morning. However, the rain patchy and very little in total near the Lothians and Cheviot hills.	
Cloud on the hills? Chance of cloud free summits?	Most hills filling in with fog Many higher slopes initially cloud free Borders. Will deteriorate from west as cloud fills in widely below 300-450m. But near the Lothians and Cheviot hills, slowly filling in across higher slopes, typically 500 to 650m afternoon. Dropping to 20%	
Sunshine? Air clarity (below cloud)	Little or no sunshine; becoming extensively dull and misty as visibility drops in rain.	
How Cold? (at 750m)	1C rising to 5C through daylight. Will feel as cold as minus 12C directly in the wind.	
Freezing Level	Locally 900m at first; rising above the summits, probably during morning. Frost many valleys at dawn.	

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Southern Uplands - Looking Ahead

	Thursday 27 November	Friday 28 November
How windy? (On the summits) Effect of wind on you?	South to southwesterly, strengthening through morning and quickly with height to 45mph where exposed on higher tops. Significant wind chill and walking widely difficult.	Southwesterly 35 to 50mph, generally strongest in the morning. Be prepared for walking to be difficult, particularly through the morning, with significant wind chill and buffeting.
How wet? (Precipitation and its impact)	Frequent or constant rain	Scattered showers
	Rain and drizzle most or all day. A few breaks in the rain northern Galloway and the rain on and off northern and eastern Borders.	A scattering of showers, may well be concentrated into a band that will move through at some point in the day associated with trough, risk thunder. Sleet tops.
Cloud on the hills?	All or nearly all summits persistently foggy.	Occasional over tops, mainly west.
	Persistent cloud from 200 to 450m Dumfries and Galloway and the Mofffat/Tweedsmuir areas. Elsewhere, cloud base lowering to 400 to 550m.	Bases varying but away from western hills, mostly above tops. Hills west of M74 seeing cloud descend onto tops; perhaps extensive for a time.
Chance of cloud free summits?	Less than 10%	40% in west, 70% in east.
Sunshine? Air clarity (below cloud)	Rare glimpses of weak sun lower slopes, mainly Borders.	Occasional sun, perhaps frequent in east.
	Visibility widely poor, hazy at best.	Visibility ranging from very good, to poor or very poor in showers.
How Cold? (at 750m)	8C. Will feel as cold as minus 5C directly in the wind.	2C
Freezing Level	Above the summits.	Above the tops

Planning Outlook

All mountain areas of Britain from Thursday, 27 November, 2025

A long series of Atlantic lows passing north of or across Britain will bring high rainfall to western mountains together with frequent upland gales (sometimes stormy) and low cloud. Temperatures on higher tops sometimes below freezing point, particularly at the weekend in Scotland, but elsewhere fresh snow transient.

Forecast issued at 15:06 on Tuesday, 25 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.