

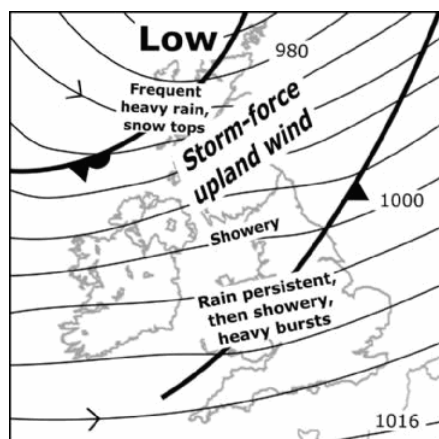
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Friday, 28 November, 2025



British Mountain Summary:

Based on forecast chart for noon 28 November, 2025

Stormy conditions over Scottish mountains, easing only toward dusk; frequent or persistent rain and hill snow, heaviest western mountains. Severe gales high tops England & Wales, squally stormy gusts for a time with heavy bursts of rain. Risk of hail and isolated thunder, mainly western areas.

Headline for Southern Uplands

Severe upland gales. Bright with passing showers.

Detailed Forecast for Friday, 28 November, 2025

How windy? (On the summits)	Southwesterly 45 to 60mph, typically strongest speeds in the morning, but stronger gusts at times all day.
Effect of wind on you?	Difficult walking conditions, with significant wind chill and buffeting. Powerful gusts into some valleys.
How wet? (Precipitation and its impact)	Brief showers A scattering of brief showers moving through quickly in the wind, sleet tops. Risk more frequent for a time toward the far south, mainly Cheviots. Evening into night, a band of rain moves in from north.
Cloud on the hills?	Occasional over tops, mainly west Bases varying but away from western hills, mostly above tops. Hills west of M74 seeing cloud descend onto tops; perhaps extensive for a time.
Chance of cloud free summits?	40% in west, 70% in east.
Sunshine? Air clarity (below cloud)	Occasional sun, more frequent in east. Visibility ranging from very good, to poor or very poor in showers.
How Cold? (at 750m)	2C. Wind chill feeling like -15C.
Freezing Level	Above the tops

Southern Uplands - Looking Ahead

	Saturday 29 November	Sunday 30 November
How windy? (On the summits)	Likely northerly 15 to 25mph. May tend to increase with time.	Northerly 15 to 30mph, strongest Cheviots early morning, dropping light and variable. Increasing into night southerly 40mph.
Effect of wind on you?	Fairly small, but prepare for marked wind chill, may become more blustery.	Considerable wind chill and feeling blustery on eastern hills, becoming small. Risk deteriorating into night.
How wet? (Precipitation and its impact)	Mostly dry, local showers Largely dry, bar isolated showers/snow tops for a time.	Largely dry, chance of early snow east Possibility of patchy overnight hill snow affecting Borders and Cheviots, rain lower slopes, clearing away eastwards, may be flurries beyond dawn. Otherwise likely dry all day.
Cloud on the hills?	Mostly little Apart from odd patches over the tops the area fairly clear.	Mostly eastern tops, local patches Cloud banks likely to affect Cheviots in morning at least, breaking slowly. Patches elsewhere, but many hills clear; local mist some valleys.
Chance of cloud free summits?	70%	70%, but 40% Cheviots.
Sunshine? Air clarity (below cloud)	Mix of high cloud and sun. Visibility mostly very good.	Mostly cloudy east, sunshine more frequent west. Visibility excellent out of cloud.
How Cold? (at 750m) Freezing Level	0 or 1C. Feeling like -8C if exposed to stronger wind. Around 800m	0 or -1C, small variation with height, much of day inland areas. Feeling like -8C if exposed to strongest wind. Much inland terrain frozen with frost into valleys, partial thawing lower sunlit slopes. Near coast, only part-frozen below 500m.

Planning Outlook

All mountain areas of Britain from Saturday, 29 November, 2025

Colder over the weekend with the mountains near or below freezing point, including frost into glens in Scotland by Saturday night. A small scale low on Saturday most likely affects England and Wales bringing rain , upland snow and a core of strong winds for a time. Sunday then mostly dry, bright and cold. Next week, Atlantic lows passing across or just north of Britain will bring frequent rainfall to western mountains together with upland gales. A mix of chilly westerly air and some milder southwesterlies. Freeze-thaw cycles, with periods of fresh snow mostly for Scottish hills, briefly high tops elsewhere.

Forecast issued at 7:00 on Friday, 28 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.