#### MOUNTAIN WEATHER INFORMATION SERVICE

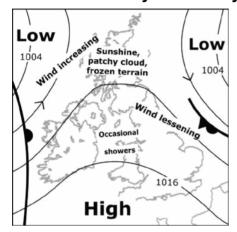
# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

### General Summary for Sunday, 30 November, 2025



# British Mountain Summary: Based on forecast chart for noon 30 November, 2025

A fine day for many places, sunshine and broken cloud. Much terrain frozen in the Highlands, where a lull in wind, later strengthening southerlies in west. Strong northwesterlies for England and Wales tend to drop. Some local showers move inland from the Irish Sea. Deteriorating all areas into night.

#### **Headline for Southern Uplands**

Chilly wind eases; increases into night. Sun, high cloud later.

# Detailed Forecast for Sunday, 30 November, 2025

How windy? (On the summits)	Northwesterly 15 to 30mph, strongest Cheviots around dawn into early morning, turning westerly 10-15mph, then in afternoon southwesterly 20mph Galloway.  Increasing into night southerly 50mph.	
Effect of wind on you?	Considerable wind chill and feeling blustery on eastern hills early in day, becoming small.  Deteriorating into night.	
How wet? (Precipitation and its impact)	Largely dry, early flurries in east clear Remnants of patchy overnight hill snow affecting Borders and Cheviots - a fresh covering on hills, rain lower slopes, soon clearing away east from dawn. Otherwise likely dry all day, an odd light shower near Solway in afternoon.	
Cloud on the hills?	Mostly little, local patches	
	Cloud banks mostly Cheviots at first, breaking and clearing in morning.  Patches elsewhere, but many hills clear; local mist some valleys. Later in day, some cloud patches forming near Solway	
Chance of cloud free summits?	80%, but 50% Cheviots early in day.	
Sunshine? Air clarity (below cloud)	Cloudy start east, sunshine in west develops widely, then thin high cloud starts to build from west later. Visibility excellent.	
How Cold? (at 750m)	0 or -1C, small variation with height, much of day inland areas. Rising into night. Feeling like -8C if exposed to strongest wind in morning.	
Freezing Level	Much inland terrain frozen with frost into valleys, partial thawing lower sunlit slopes. Up to 600-700m much of Galloway.	

#### MOUNTAIN WEATHER INFORMATION SERVICE

#### **Southern Uplands - Looking Ahead**

	Monday 1 December	Tuesday 2 December
How windy? (On the summits)  Effect of wind on you?	Ongoing uncertainty: Southerly 30 to 50mph, lower speeds more likely in west, but risk strengthening widely with time.  Expect varying conditions, but challenging walking may develop widely or become more difficult; considerable wind chill.	Southwesterly 20-25mph, at times 30mph higher tops, local squally gusts in showers mainly in west.  Blustery, starting to affect comfortable walking on exposed higher areas.  Noticeable wind chill.
How wet? (Precipitation and its impact)	Rain heavy at times, mostly south	Showers mostly toward southwest
	Persistent rain from overnight, may break up for a time, but further pulses of rain likely, setting in heavily again for periods over southern areas. Drier toward the central belt.	Occasional showers coming inland from the Solway Firth, locally briefly heavy, possible hail.  Largely dry further toward north and east.
Cloud on the hills?	Fairly extensive, lowest south in rain	Varied, lowest cloud south
	Banks of cloud shrouding many hills from dawn, some breaks possibly in more northern areas for a few hours. Lowering extensively across hills in rain.	Risk areas of low-level cloud particularly southern areas, to some lower slopes in the morning. Tending to rise above 600m, most common on tops in Galloway. Breaks toward tops best further northward.
Chance of cloud free summits?	30%, dropping below 10% in rain	30%, rising to 70% northern areas.
Sunshine? Air clarity (below cloud)	Largely overcast, dull in rain. Visibility poor in rain, briefly may be good, particularly toward Lothians in morning.	Occasional sun mostly toward the north. Visibility very good away from showers.
How Cold? (at 750m)	3 or 4C. Wind chill often feeling near to -10C in exposure on tops.	2 or 3C. Wind chill feeling like -5C.
Freezing Level	Rising from overnight, staying above freezing to the tops all daytime.	Above the summits

# **Planning Outlook**

# All mountain areas of Britain from Monday, 1 December, 2025

Areas of low pressure circulating to the west and north will dominate the weather pattern in the week ahead, bringing generally unsettled weather. Southwesterly air and briefly milder into Monday, with rain for most places at times, but prolonged heavier rain for England and Wales. Then typically cooler with showery conditions - higher mountains near or just below freezing point likely for the remainder of the week - some snow on tops, occasional hail. Wind speed likely to vary, some squally gusty spells, but also some lulls possible during the week.

#### Forecast issued at 16:30 on Saturday, 29 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.