

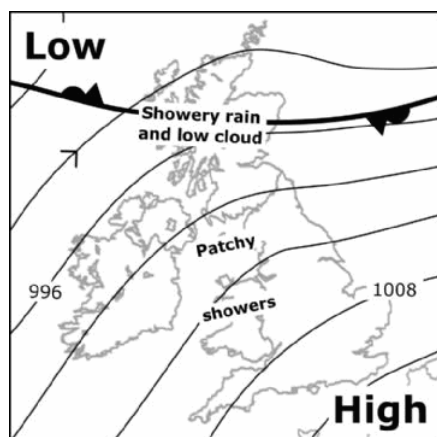
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Monday, 8 December, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 8 December, 2025

Southwesterly winds often gale force over most higher terrain of Britain, less strong toward the north of the Highlands. Close to freezing only on higher Scottish tops. Rain frequent over western Scotland, some patchy rain passing eastwards. Showery rain common on some western hills in England and Wales.

### Headline for Southern Uplands

Gales or near-gales on tops. Some showery rain.

## Detailed Forecast for Monday, 8 December, 2025

<b>How windy? (On the summits)</b>	Southwesterly, 30 to 40mph, gusts at times 50mph around Cheviots; speeds may moderate a little toward dusk in west.
<b>Effect of wind on you?</b>	<b>Often strenuous walking in exposure, affecting comfortable movement and balance on tops. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Occasional rain</b> Patchy showery rain, mostly Dumfries and Galloway; briefly heavier and more widespread in the morning. Then well into night, persistent rain developing from the south, later heavy.
<b>Cloud on the hills?</b>	<b>Most common southwest tops</b> Covering higher slopes most frequent from M74 corridor to more southern hills in Galloway. Higher bases further north and east with intermittent breaks off tops.
<b>Chance of cloud free summits?</b>	<b>40% west, to 70% toward Pentlands.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun mostly east and northern areas. Visibility often good, reduced locally in showers west.
<b>How Cold? (at 750m)</b>	4C, a slow rise after dark, reaching 7C. If exposed to stronger winds, feeling like -7C on high tops.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	<b>Tuesday 9 December</b>	<b>Wednesday 10 December</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Soon rising after dawn to a gusty southerly 40-50mph. Rising and shifting SW'ly, gusts up to 65mph over tops <b>Conditions soon difficult in exposure, powerful gusts making mobility tortuous. Significant wind chill.</b>	Southwesterly 45 to 55mph, risk at times over 60mph on higher tops, with stronger gusts. <b>Arduous walking conditions from mid elevations upward, difficult over higher terrain; significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Morning rain turns showery, local flooding</b> Rain arrives pre-dawn, setting in nearly incessant and often heavy through the morning. Breaking into showery rain afternoon, most frequent in the west. Beware fast rising streams and local flooding.	<b>Showers</b> Occasional showery rain. Driest toward Lothians.
<b>Cloud on the hills?</b>       <b>Chance of cloud free summits?</b>	<b>Extensive</b>  A sheet of cloud cloaks the hills from middle slopes upward, lowest bases in southern Galloway and towards the Moffat hills. Some local improvements possible north Borders/Lothians, and perhaps some afternoon breaks west.  <b>Less than 10%</b>	<b>Mostly western tops</b>  Cloud base varying, likely to come and go over higher slopes, most often Galloway. Breaks frequent Pentlands to Borders.  <b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull. Poor visibility.	Occasional sun mostly north and east. Slight haze, visibility reduced briefly around showers.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	6 to 8C, warmest over the midday hours, up to 10C. Sharply cooling into night. Feeling like -5C in strongest wind.  Above the summits	3 or 4C. Wind chill feeling like -10C.  Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 9 December, 2025**

A very unsettled spell through the next 10 days as southwesterly winds prevail and low pressure systems move in from the Atlantic. Stormy conditions widely over the mountains on Tuesday, gales remaining severe on high terrain into Wednesday, then potentially intensifying again on Thursday. Temperatures only close to freezing on higher Scottish tops this week, even here will experience spells above freezing with thawing, leaving snow increasingly patchy, but beware some icy surfaces on the very highest tops where some refreezing occurs. Rainfall will be frequent and heavy, sometimes showery with hail. Expect wet ground conditions and further flooding of streams and some rivers.

**Forecast issued at 16:24 on Sunday, 7 December, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.