

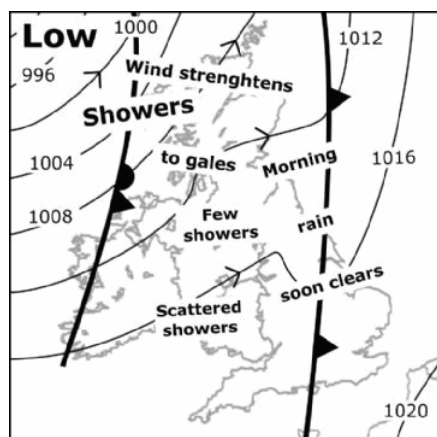
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Friday, 12 December, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 12 December, 2025

Increasingly blustery north England and Scotland, gales over Scottish Highlands; lighter wind Pennines and Wales. Early patchy rain over east Scotland and the Pennines soon clears, slowest south Pennines; many hills then cloud-free. Scattered showers onto west coasts, most frequent and heavy west-central Scotland.

### Headline for Southern Uplands

Increasingly blustery; often dry, local patchy rain

## Detailed Forecast for Friday, 12 December, 2025

<b>How windy? (On the summits)</b>	West-southwesterly 15-25mph, lowest in east for a time in morning, but rising from west, 35-40mph around and after dusk.
<b>Effect of wind on you?</b>	Fairly small for a period in the morning, but walking increasingly strenuous in exposure with wind chill, soonest to deteriorate in the west.
<b>How wet? (Precipitation and its impact)</b>	<b>Early rain east soon clears</b> Raining over the east Borders, Lothians and Cheviot at and before dawn, dry to the west. This rain soon clears to the east. A few odd showers may drift onto the hills nearest the Solway.
<b>Cloud on the hills?</b>	<b>Mostly central/western high terrain</b> From dawn, only high tops in cloud in Galloway, more extensive over eastern tops briefly. Bases will lift with breaks, often off the eastern tops. Caps come and go on the high tops of the Borders and Galloway, possibly more frequent later.
<b>Chance of cloud free summits?</b>	<b>Rising to 60% east, 40% west</b>
<b>Sunshine? Air clarity (below cloud)</b>	Patchy sunshine, most frequent north and east areas. Very clear air at first but becoming hazy from the west afternoon.
<b>How Cold? (at 750m)</b>	From dawn, 5C east, 3C west, becoming widely 3C. Feeling like -12C in wind late in the day.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Saturday 13 December	Sunday 14 December
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southwesterly, strengthening daytime from 40-45mph to 55-65mph, risk gusts up to 75mph in exposure afternoon/evening.  <b>Increasingly challenging from mid-elevations up, mobility becomes difficult on higher terrain; significant wind chill.</b>	A gusty southwesterly, sustained winds between 45-55mph, may strengthen further. Gusts to middle slopes.  <b>Strong gusty winds will challenge balance and stability all day, including less exposed slopes. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain from the west afternoon</b>  A few patchy spots of rain near the Solway/Cheviot in the morning, these easing. During afternoon, rain sets in from the west, progressively widely and persistently, reaching east hills around dusk.	<b>Often raining, persistent west</b>  Persistent rain from south Galloway to the Moffat hills, some heavy falls likely. Patches passing further north/east, a risk of setting in widely for periods. Driest Lothians.
<b>Cloud on the hills?</b>	<b>Most persistent west, lowering</b>  Varied banks of cloud in morning, but may cover many hills from Solway to Moffat hills. Increasingly filling in and lowering across western hills, but breaks may remain over eastern Borders.	<b>Mostly south/west, more variable east</b>  A layer of cloud cloaks the summits of Galloway towards the Moffat hills with bases variably down to 400-600m on slopes facing Irish Sea/Solway. Cloud often covering the Cheviot though variable.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>10% west, 30% Cheviot/Lothians</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, high cloud thickening. Visibility good in eastern areas, hazier west, reduced with rain, later poor.	Little or no sunshine. Variable visibility, often dull west, best in the east during dry periods.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	2C rising steadily to later reach 6C, remaining elevated overnight. Wind chill feeling around -10C.  Above the summits.	7 or 8C. Little change with height. Feeling like -5C in direct wind.  Above the summits

## Planning Outlook

## All mountain areas of Britain from Saturday, 13 December, 2025

Staying unsettled through the weekend and next week as southwesterly winds prevail and low pressure systems pass to the northwest of Scotland; sustained gales over the mountains, severe or stormy for periods. Rainfall will be frequent and heavy for periods, sometimes showery with hail in the west. Expect very wet ground conditions and further flooding of streams and some rivers. Best chance for dry and bright periods central and south Pennines, though these fleeting. Mild for the time of year, temperatures only just below freezing intermittently on higher Scottish tops, even here will experience spells above freezing with thawing, any lying snow patchy, but beware some icy surfaces on the very highest tops where some refreezing occurs.

## Forecast issued at 15:43 on Thursday, 11 December, 2025

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