

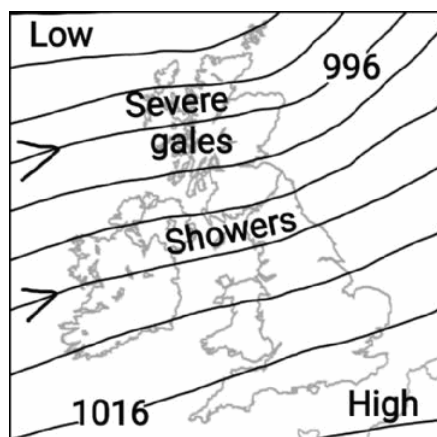
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!**

## General Summary for Friday, 19 December, 2025



### British Mountain Summary:

**Based on forecast chart for noon 19 December, 2025**

Southwesterly gales, severe across the Highlands, giving significant wind chill and showers. Showers frequent western Scotland, with snow falling down to 800m with hail and risk lightning. Scattered showers for England and Wales where hill fog confined to western tops.

### Headline for Southern Uplands

Widespread gales with scattered showers and feeling cold. Sun best in the east.

## Detailed Forecast for Friday, 19 December, 2025

<b>How windy? (On the summits)</b>	Southwesterly 45 to 60mph, may start to lessen a little.
<b>Effect of wind on you?</b>	<b>Difficult conditions over higher hills, frequent buffeting from modest elevations upward. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Passing showers</b> Scattering of showers, most frequent Dumfries and Galloway, risk of hail. Often dry Borders.
<b>Cloud on the hills?</b>	<b>Occasionally on tops</b> Patches of cloud drifting across higher tops, mostly above 700-800m. Often clear into the Borders and Pentland hills.
<b>Chance of cloud free summits?</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine most frequent east, cloudier Galloway. Visibility often very good, reduced in showers.
<b>How Cold? (at 750m)</b>	2 or 3C. Feeling like -12C directly in the wind.
<b>Freezing Level</b>	Just above highest summits.

**All mountain areas of Britain from Saturday, 20 December, 2025**

A switch to east-southeasterly winds by Sunday into early next week, some residual rain and high-level snow, but a drier and colder theme develops into the Christmas period and perhaps into the New Year, as high pressure builds to the north and northeast. An extensive cloud sheet will likely come in from the North Sea over many days with light snow showers or flurries likely, rain to lower slopes, but many areas dry. Best breaks in the west.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.