MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

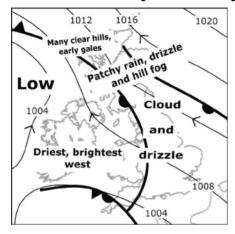
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



the national agency for sport

Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Sunday, 21 December, 2025



British Mountain Summary: Based on forecast chart for noon 21 December, 2025

A blustery, gusty morning in northern England and Scotland, gales for a time in northwest Scotland, tending to ease. Patchy rain from central Scotland down the spine of the Pennines eases into drizzle over the high tops, drizzle in east Wales too with extensive hill fog in these areas. Best of breaks west Wales and NW Highlands.

Headline for Southern Uplands

Blustery, gradually easing; rain, drizzle, and hill fog

Detailed Forecast for Sunday, 21 December, 2025

How windy? (On the summits)	Southeasterly 30-35mph from dawn with some stronger gusts over the tops of Galloway. Gradually easing to 20-25mph by dusk.		
Effect of wind on you?	Blustery and gusty winds with sudden, strong gusts over the tops early in the day. Conditions improving with time, though winds likely remain uncomfortable in exposure.		
How wet?	Patchy rain, perhaps persistent later.		
(Precipitation and its impact)	Patches of rain for most areas throughout the day. Patches will merge into broader areas of rain at times in Galloway, particularly on southern slopes and near the M74.		
Cloud on the hills?	Fairly extensive		
	Fairly extensive banks of cloud covering the hills through the day. Lowest bases across the Cheviots up to the Pentlands and also hills nearest the Solway; best chance of breaks on slopes north of Merrick.		
Chance of cloud free summits?	20%		
Sunshine? Air clarity (below cloud)	Overcast. Visibility perhaps good at times below the cloud, but hazy east and poor visibility in rain.		
How Cold? (at 750m)	3 or 4C, highest temperatures in the east.		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands - Looking Ahead

	Monday 22 December	Tuesday 23 December
How windy? (On the summits) Effect of wind on you?	Southeasterly 20-30mph, some stronger gusts over the tops. Tending to ease later in the day. Blustery at times with marked wind chill where exposed to the wind; strongest gusts may challenge stability.	Westerly 10-15mph, may shift northerly afternoon. Mostly small.
How wet? (Precipitation and its impact)	Rain and drizzle becoming patchy Widespread rain at and before dawn soon breaks into patches of rain and drizzle, which may be quite persistent on and south of Merrick.	Patchy rain Patches of light rain here and there, some fine drizzle in fog over the high tops. Risk more frequent east Borders and Cheviots.
Cloud on the hills?	Varied, though tops likely remain in cloud Fairly extensive banks at varying heights in rain. As rain clears, very disorganised cloud banks, often shrouding high tops with ragged patches lower.	Fairly extensive High terrain likely stays shrouded all day, bases often reaching middle slopes with lower patches in rain, locally into valley bottoms.
Chance of cloud free summits?	30%	20%
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility poor in rain, improving, though a haze building.	Little or no sunshine. Visibility limited by fog, haze, and rain.
How Cold? (at 750m)	3 or 4C, typically warmest in western areas.	4C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 22 December, 2025

Cloud and patchy rain lingers for a few more days early next week, then a slow change to drier and chiller weather into the Christmas period as high pressure builds to the north. Easterly winds will be dominant, the strongest winds in England and Wales. Cloud may be fairly sheet-like in the east sometimes, though variably more extensive or broken.

The coldest air will reach England and Wales on the easterly wind with freezing levels reaching as low as 400-600m in Wales, staying slightly warmer in northern Scotland with freezing levels nearer the high summits for a time under the core of high pressure.

Forecast issued at 16:30 on Saturday, 20 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.