

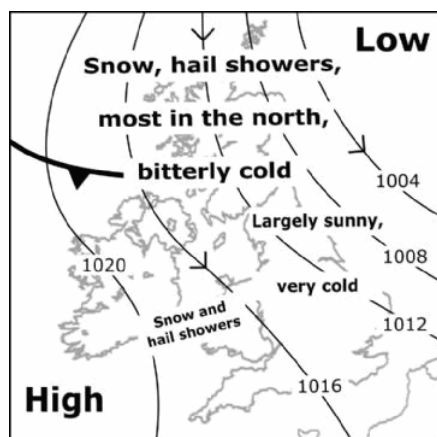
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 4 January, 2026



British Mountain Summary:

Based on forecast chart for noon 4 January, 2026

Snow, hail, and wind continues driving into northern Scotland with showers passing into central and western areas; snow coverage fairly widespread in the Highlands. Southern Scotland and England mostly sunny, blustery in exposure. More snow and hail showers for Wales, pushing further east afternoon. Widely very cold.

Headline for Southern Uplands

Blustery east; risk odd coastal snow showers, otherwise clear

Detailed Forecast for Sunday, 4 January, 2026

How windy? (On the summits)	Northwesterly 25 to 35mph, strongest eastern hills, nearer 40mph at times over the Cheviot.
Effect of wind on you?	Significant wind chill over the hills. Strenuous walking on exposed higher terrain, particularly in east where stability will be challenged.
How wet? (Precipitation and its impact)	Most places dry A few snow showers coming in from the north clip the western Galloway hills in the hours around midday. Showers over the North Sea may graze inland onto easternmost hills too. Otherwise dry.
Cloud on the hills?	Little if any Rare patches on the higher tops of Galloway and upper slopes facing Ayrshire, a greater risk of cloud for a few hours around midday. Hills otherwise clear of cloud.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Often sunny but weakened by some high cloud from morning through midday, tending to clear for sunny conditions afternoon. Visibility excellent.
How Cold? (at 750m)	Mostly -5C, though at times a degree warmer and cooler in the far west and east, respectively. Wind chill feeling like -17C in exposure on high tops.
Freezing Level	Terrain widely frozen, staying at or below freezing from the valleys upwards.

Southern Uplands - Looking Ahead

	Monday 5 January	Tuesday 6 January
How windy? (On the summits) Effect of wind on you?	Northerly 25-35mph, strongest wind near coasts. Shifting northwesterly afternoon and easing to 20-25mph. Continued significant wind chill over the hills. Strenuous walking on exposed terrain.	West-southwesterly 20-25mph, gradually rising with time, reaching 40mph or higher over summits by dusk. Walking becoming strenuous with time though variable; significant wind chill.
How wet? (Precipitation and its impact)	Most places dry A few snow showers may clip the hills of Ayrshire and the Cheviots, but often dry, no precipitation expected further inland.	Patchy snow Patches of snow will drift east, though many hills will see extended dry periods, particularly east. Late in the day, snow will set in more widely for several hours.
Cloud on the hills? Chance of cloud free summits?	Mostly little Cloud caps will graze the high eastern Borders and Cheviot hills. Rare patches on the higher tops of Galloway and upper Ayrshire slopes and scattered across the high Borders, but most hills stay clear of cloud. 80%	Covering summits, gradually more extensive Cloud shrouds the summits most of the day, a few summits may be clear just at and before dawn. Bases lower to the middle slopes during snow showers, gradually becoming more extensive from the west with time. 30% lowering to 10%
Sunshine? Air clarity (below cloud)	Mostly sunny. Visibility excellent.	A few bright/sunny bursts here and there, becoming overcast afternoon. Variable visibility, very poor during snow but becoming good during dry periods.
How Cold? (at 750m) Freezing Level	-5C at dawn, lifting very slightly with time. Wind chill feeling like -18C in exposure on high tops. Terrain widely frozen, staying at or below freezing from the valleys upwards.	-3C, lifting to around -1C though variable, highest temperatures in the west. Feeling like -15C in the wind. Terrain frozen from overnight, lifting to 200-400m, highest level west; sheltered valleys may stay frozen.

Planning Outlook

All mountain areas of Britain from Monday, 5 January, 2026

Monday stays cold with terrain widely frozen; sunshine inland with continued snow showers along coasts. The weather then turns more variable: fronts begin to approach the country on Tuesday, with cloud gradually becoming widespread on high terrain from the north, an area of snow arriving widely into Scotland and tracking south into England and Wales overnight into Wednesday. Most terrain will stay frozen but a brief local lifting of freezing levels in western areas. Some sunny breaks and snow showers will follow this system. Beyond Wednesday, confidence in forecast detail is significantly lower, but another weather system is indicated for Thursday into Friday, this possibly bringing a swathe of snow, rain, and strong winds to the south and perhaps more widely.

Forecast issued at 15:29 on Saturday, 3 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.