

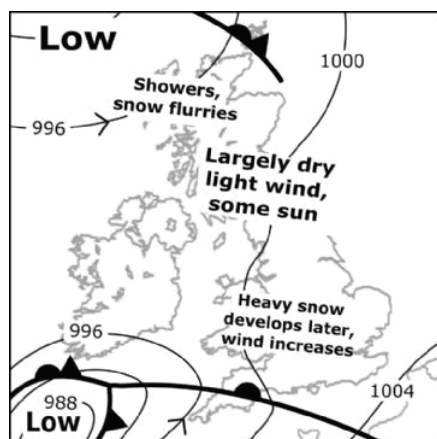
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Thursday, 8 January, 2026



British Mountain Summary:

Based on forecast chart for noon 8 January, 2026

Fairly benign conditions, breezier in northern Scotland. Local snow flurries, patchy cloud and some sun. A developing system to the southwest moves into Wales with heavy snow setting in increasingly widely later, extending into the Peak District by evening, accompanied by gales.

Headline for Southern Uplands

Light wind. Rare flurries, patchy cloud.

Detailed Forecast for Thursday, 8 January, 2026

How windy? (On the summits)	Southerly or variable: 10 to 15mph or less.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Rare light snow Often dry, but possible snow flurries mostly western hills, sleet or rain low-mid slopes.
Cloud on the hills?	Patchy cloud and fog, clearer east/north Cloud banks around mid to higher slopes, but risk also areas of fog some valleys and coastal lower slopes near Solway. Clearer hills toward the Pentlands, Borders and Cheviots.
Chance of cloud free summits?	50%, to 80% north/east
Sunshine? Air clarity (below cloud)	Varied cloud and sun, better east/north. Visibility very good in places, but risk misty or hazy some lower areas.
How Cold? (at 750m)	-2C, up to 0C nearer coast.
Freezing Level	Frost in many valleys, all day out of sunlight. Otherwise 400 to 600m, or slightly higher toward Solway.

Southern Uplands - Looking Ahead

	Friday 9 January	Saturday 10 January
How windy? (On the summits)	North-northeasterly 10 to 20mph.	Variable direction 10 to 15mph or less.
Effect of wind on you?	Fairly small.	Likely small.
How wet? (Precipitation and its impact)	Local flurries east Possible snow flurries, greater risk over eastern hills, mostly sleet on lower slopes. Likely generally dry western areas.	Local showers west Many places dry, particularly inland and east. Local light showers mostly Galloway, snow flurries hills, mostly rain below 500m,
Cloud on the hills?	Patches mostly east Patchy cloud moving over higher slopes, local fragments lower down, most common eastern hills, often clearer west of M74.	Mostly little Patches or fragments of cloud around some slopes and tops, may come and go. Some mist possible into valleys.
Chance of cloud free summits?	60%	70%
Sunshine? Air clarity (below cloud)	Any sun weak due to a veil of high cloud. Visibility very good over many hills, but reduced if snow occurs in east.	Occasional sun. Visibility very good.
How Cold? (at 750m)	-1 or -2C.	-1 or -2C.
Freezing Level	300 to 600m, highest nearer to coasts, but some terrain frozen into the valleys.	Much terrain frozen into valleys inland; some slopes to 400-500m just above freezing, 600m near coasts in SW.

Planning Outlook

All mountain areas of Britain from Friday, 9 January, 2026

Terrain remaining widely frozen into the weekend, extensive deep snow cover for Highlands, less nearer the central belt. A fresh good covering for Wales and south Pennines from Thursday night too. Quiet weather for Saturday daytime. Then into Sunday, southerly winds strengthen to gales - as a frontal system approaches, snow then freezing rain is likely. A rise of freezing level from the southwest - some thawing develops, rising just above freezing toward higher slopes; more pronounced thawing in England and Wales to the tops. Uncertain patterns next week, colder air may return across Scotland, whilst further south often generally milder. Some further hill snow mainly in Scotland.

Forecast issued at 16:15 on Wednesday, 7 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.