

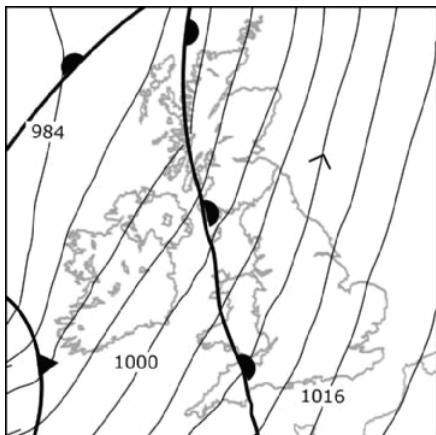
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 11 January, 2026



British Mountain Summary:

Based on forecast chart for noon 11 January, 2026

Widely very difficult mountain conditions in severe or storm force upland winds. From west, rapid snow melt commencing and extensive fog - giving whiteout in some areas. Underfoot areas of ice, in some areas on lower slopes.

Headline for Southern Uplands

Storm force upland wind; snow turning to rain from west.

Detailed Forecast for Sunday, 11 January, 2026

How windy? (On the summits)	Southerly, 60mph morning slight easing afternoon. Powerful gusts. Near the Lothians and Cheviots, speeds marginally lower.
Effect of wind on you?	Difficult conditions over the mountains; mobility widely challenging. Sometimes difficult to stand, in places sudden ferocious gusts reaching lower slopes, Severe wind chill.
How wet? (Precipitation and its impact)	Snow turning to heavy rain, soon west Snow developing before dawn from the west, heavy over many hills, but progressively turning to rain morning (in place with temperature still below freezing point). Heavy or torrential rain Galloway.
Cloud on the hills?	Persistent fog on higher summits Shrouding higher areas all day. Forming widely below 300 or 400m Galloway, and elsewhere around 450m. Summits toward the Lothians sometimes clearing.
Chance of cloud free summits?	Less than 10%
Sunshine? Air clarity (below cloud)	Rare if any glimpses of sun toward Lothians; otherwise dull and misty.
How Cold? (at 750m)	-1C at first, rising from west toward +3 to 5C, small variation of temperature with height. Will feel as cold as minus 15C directly in the wind.
Freezing Level	300 to 500m at dawn but soon above the summits west of M74, and in afternoon everywhere. Most terrain frozen.

Southern Uplands - Looking Ahead

	Monday 12 January	Tuesday 13 January
How windy? (On the summits)	Southwesterly 40 to on highest summits 55mph.	Low confidence in forecast: There may well be a lull to low speeds, but risk of southerly 25 to 35mph.
Effect of wind on you?	Walking widely difficult on higher areas, frequent buffeting even lower elevations. Significant wind chill.	Probably small.
How wet? (Precipitation and its impact)	Frequent or persistent rain Rain on and off all day, occasionally heavier, most persistent Dumfries & Galloway. Smaller amounts Borders to Lothians. Very wet underfoot following previous rain.	Little or perhaps no precipitation It may well be dry most or all day - but threat of rain spreading northwards, particularly afternoon (highest risk to Borders).
Cloud on the hills?	Fairly extensive over tops Often covering hills above 600-700m, at times 500m near to Solway. Higher breaks more common further north/eastward.	May become confined to higher slopes, possibly clearing some summits Patches of fog may have formed both valleys and lower slopes and also higher up. Through day, may clear some perhaps most higher areas. In rain, fog likely to become extensive.
Chance of cloud free summits?	30%	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly Borders to Lothians. Slight haze, visibility reduced to poor in rain.	Patches of sunshine possibly but may well give way as cloud thickens. Visibility mostly very good, but poor in rain.
How Cold? (at 750m)	3 or 4C. Wind chill feeling around -10C where directly exposed on tops.	2 to 4C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 12 January, 2026

High rainfall and intermittently windy across most mountains areas next week as a series of Atlantic lows cross Britain .

From Tuesday day to day confidence very low due to uncertainty in timing and tracking of lows .

Over England and Wales, temperatures on higher summits will intermittently be below freezing point: snow may accumulate on highest summits. Freeze thaw cycles will occur on the Scottish Highlands, although above 900m periods of thaw may well be brief, with progressive enhancement of the snowpack likely.

Forecast issued at 7:40 on Sunday, 11 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.