

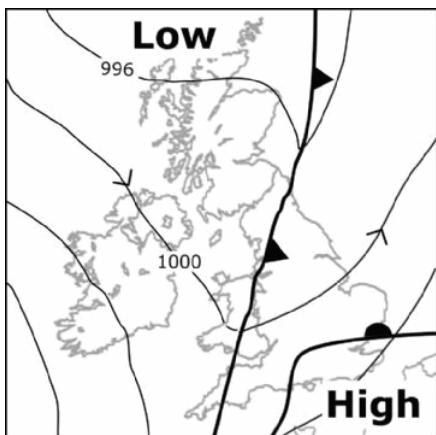
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Tuesday, 13 January, 2026



British Mountain Summary:

Based on forecast chart for noon 13 January, 2026

A cold front will move southeastwards bringing a few hours of precipitation - although still some uncertainty in its exact shape and position. Snow and hail showers will affect W Scotland whilst most other areas will have a few hours of rain, in places finishing as snow, as the temperature drops.

Headline for Southern Uplands

Patches of snow, mainly Cheviots. Wind tending to increase.

Detailed Forecast for Tuesday, 13 January, 2026

How windy? (On the summits)	Westerly 20 to 30mph strongest afternoon, when possibly 35mph Borders.
Effect of wind on you?	Likely to increasingly impede ease of walking higher up and give notable wind chill.
How wet? (Precipitation and its impact)	Snow on and off; total fall small Showers of hail and except on lower slopes snow, west of M74. Elsewhere dry for periods, but particularly Borders likelihood of a few hours of snow, possibly significant Cheviots, but otherwise total snowfall small.
Cloud on the hills?	May become confined to higher slopes, possibly clearing some summits Confidence low: After dawn, patches of fog both valleys and lower slopes and also higher up. Through day, although fog frequent on higher slopes and in snow forming on some lower slopes, some breaks to higher summits.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Patches of sunshine possibly but may well give way as cloud thickens. Visibility mostly very good, but poor in rain.
How Cold? (at 750m)	2 dropping from west to 0C. Will feel as cold as minus 10C where exposed to the wind.
Freezing Level	Dropping to 750m. Frost some valleys after dawn.

Southern Uplands - Looking Ahead

	Wednesday 14 January	Thursday 15 January
How windy? (On the summits)	Westerly 25mph morning. Then backing southerly and strengthening to 40, or west of M74 perhaps 50mph.	Southwesterly 25 to perhaps in morning 35mph. There may be a lull afternoon.
Effect of wind on you?	May well be fairly small for several hours before walking.becomes increasingly difficult and wind chill significant.	Strong enough to make walking arduous where exposed and balance at times difficult. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain and snow spreading east afternoon Mostly or completely dry until into afternoon when snow, or below 400m rain spreads east. Very little if any reaching Borders until about dusk.	Showers Showers, mainly morning, snow highest tops.
Cloud on the hills?	Probably remaining extensive on most or all higher areas Cloud generally widespread above 600 to 750m - possibly breaking from higher summits temporarily. Cloud base dropping markedly Dumfries and Galloway afternoon in rain and toward dusk into the Borders.	Confined to highest tops Cloud base typically 400 to 700m Dumfries and Galloway whilst elsewhere cloud may well intermittently lift off the summits, particularly afternoon.
Chance of cloud free summits?	30%	40%
Sunshine? Air clarity (below cloud)	Occasional sunshine, particularly Borders morning. Visibility often very good but later very poor or appalling in precipitation.	The sun in and out Borders/Cheviots; glimpses of sunshine elsewhere. Very varied visibility: sometimes excellent, but very poor in snow.
How Cold? (at 750m)	0 or -1C. Directly in wind will feel as cold as minus 12C.	1C
Freezing Level	750m Galloway; otherwise 600m. Frost many valleys after dawn.	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 14 January, 2026

Mostly cloudy with precipitation from time to time over the next few days - although total rainfall is now expected to be fairly small on most mountains, particularly N Scotland.

Temperature wise, it is highly likely to remain colder than recent January's with the snow pack across the Scottish Highlands being enhanced by further snowfall, whilst further south snow accumulates on higher areas, and occasional falls reaching lower slopes.

Forecast issued at 13:27 on Monday, 12 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.