

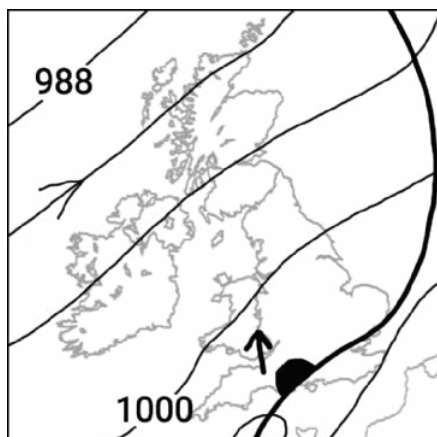
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 15 January, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 15 January, 2026

Blustery and chilly south-westerly winds bringing occasional snow and hail showers, most prevalent across the west Highlands. Rain falling below 500m. Drier for England and Wales, but risk of marked deterioration later for southern and eastern Wales as rain and summit snow edges in from the south.

### Headline for Southern Uplands

Blustery south-west winds, later easing. A few showers in west, snow tops.

## Detailed Forecast for Thursday, 15 January, 2026

|                                                   |                                                                                                                                                                                        |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                | Southwesterly 25 to perhaps in morning 35mph.<br>There may be a lull afternoon.                                                                                                        |
| <b>Effect of wind on you?</b>                     | <b>Strong enough to make walking arduous where exposed and balance at times difficult. Considerable wind chill.</b>                                                                    |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Showers</b><br>Showers, mainly morning, sleet or snow highest tops.                                                                                                                 |
| <b>Cloud on the hills?</b>                        | <b>Confined to highest tops</b><br>Cloud base typically 400 to 700m Dumfries and Galloway whilst elsewhere cloud may well intermittently lift off the summits, particularly afternoon. |
| <b>Chance of cloud free summits?</b>              | <b>40%</b>                                                                                                                                                                             |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | The sun in and out Borders/Cheviots; glimpses of sunshine elsewhere.<br>Very varied visibility: sometimes excellent, but very poor in snow.                                            |
| <b>How Cold? (at 750m)</b>                        | 1C                                                                                                                                                                                     |
| <b>Freezing Level</b>                             | Above the summits                                                                                                                                                                      |

**All mountain areas of Britain from Friday, 16 January, 2026**

A small scale low will pull away early on Friday morning to the North Sea to leave drier and chilly conditions into the weekend with a south to south-easterly airflow developing. Looking further ahead, a colder continental influence may be drawn in on south to east winds, but the extent of this is uncertain. The snow pack across the Scottish Highlands will be enhanced by further spells of snowfall where fronts edge in from the west, whilst for England and Wales snow accumulating on the hills at times, perhaps in the form of showers from the east.

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