

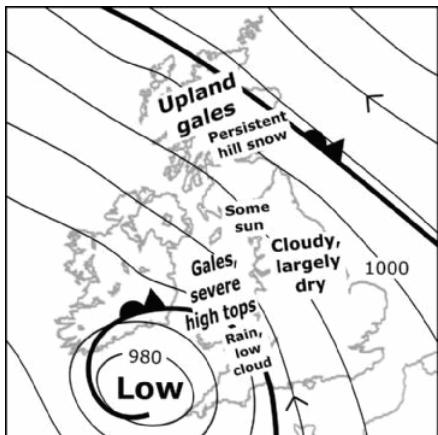
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 24 January, 2026



British Mountain Summary:

Based on forecast chart for noon 24 January, 2026

Gales widely across high terrain, strongest sustained speeds over Wales. Snowfall continues over east and southeast Scottish Highlands mountains, whiteout on higher terrain; rain lower down. Largely dry and clearer further northwest. Clearer also for the Lake District. Rain frequent in south Wales.

Headline for Southern Uplands

Windy, gales on tops. Patchy rain or snow eastern tops.

Detailed Forecast for Saturday, 24 January, 2026

How windy? (On the summits)	East to southeasterly 30 to 45mph, very gusty downslope west of major tops. Strengthening further into night, toward 60mph high tops.
Effect of wind on you?	Strenuous walking in exposure, frequent buffeting gusts not just on highest terrain; significant wind chill.
How wet? (Precipitation and its impact)	A little rain, snow tops east Small amounts of light rain in the wind occasionally, though more persistent locally Borders & Cheviots; light snow flurries above 600-700m, mostly eastern hills.
Cloud on the hills?	Varied patches, some breaks Banks of cloud above 500 to 700m, base lowest in Cheviots. Good breaks in the cloud near and west from Beattock summit, some breaks likely more widely over western areas.
Chance of cloud free summits?	30% east, to 60% west.
Sunshine? Air clarity (below cloud)	Fairly cloudy and dull east to central areas, but some brighter westward, sun breaking through and good visibility much of Galloway.
How Cold? (at 750m)	0 to 2C. Directly in the wind feeling like -10 to -13C.
Freezing Level	700 to 800m, lowest in east, whilst some western hills above freezing to higher tops.

Southern Uplands - Looking Ahead

	Sunday 25 January	Monday 26 January
How windy? (On the summits)	East to southeasterly, speed tending to lessen during day, in range 25 to 40mph, gusty downslope.	Southwesterly 25-35mph, steadily strengthening to a gusty 40-45mph, gusting to 55mph in exposure west.
Effect of wind on you?	Very blustery, frequent buffeting over higher terrain and in places lower down. Considerable wind chill.	Walking steadily becomes arduous with time, gusts in exposure will challenge balance. Significant wind chill.
How wet? (Precipitation and its impact)	Rain mostly east Rain most frequent over eastern hills, some sleet or snow above 600-700m. Patchy small amounts west of M74.	Periods of sleet/snow, mostly east Periods of sleet and snow affecting the Cheviots and eastern Borders much of the day, patches further east as well but amounting to little. Drier towards Ayrshire/Central Belt.
Cloud on the hills?	Fairly extensive Covering most hills all day, lowest base in south and eastern areas, to mid-slopes, or lower near the Solway coast. Highest breaks toward the central belt.	Shrouding high terrain, middle slopes east High terrain under fog most or all day, lowest bases in the eastern Borders and Cheviots, 300-500m, lowest in precipitation. Bases lowering too in Galloway at times. May lift towards 700m on northern slopes.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Largely cloudy, hazy. Poor visibility over many hills.	Bright moments towards Ayrshire where visibility good, but otherwise cloudy. Visibility moderate or poor elsewhere due to snow and haze.
How Cold? (at 750m)	0 or 1C. Feeling like -8 to -12C in the wind.	-2C. Feeling as cold as -13C, later -18C in direct wind.
Freezing Level	700 to 800m eastern hills, may drop further, but above 800m western areas, above freezing to some higher slopes.	400-600m, highest level in the west.

Planning Outlook**All mountain areas of Britain from Sunday, 25 January, 2026**

East to southeasterlies continue onward into next week, frequently strong to gale-force over the mountains, giving severe chill factor. Below freezing across high terrain in Scotland, and into early next week a lowering freezing level over hills in England and Wales. Frequent or persistent snowfall over east and southern Scottish mountains. Patchier and small amounts reaching coastal regions in west-northwest Scotland. Areas of rain and increasingly hill snow push across England and Wales as low pressure remains dominant. Low cloud often covering many hills.

Forecast issued at 15:35 on Friday, 23 January, 2026

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