

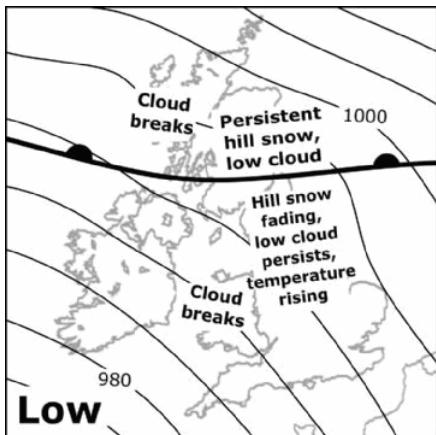
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 4 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 4 February, 2026

Easterly winds gale force across northern Scotland, easing further south. Ongoing snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. Early sleet or snow over northern England fades, but low cloud lingers. Largely dry much of Wales, clearer hills west, but increasingly windy.

### Headline for Southern Uplands

Patchy hill snow, rain, low cloud. Blustery winds ease for a time.

## Detailed Forecast for Wednesday, 4 February, 2026

<b>How windy? (On the summits)</b>	Easterly 30-35mph, strongest speeds and gusts in morning, easing to 20-25mph afternoon, turning southeasterly later, then tending to increase again to 40mph+ onward into the night.
<b>Effect of wind on you?</b>	<b>Strenuous walking at least in morning, buffeting gusts, considerable wind chill; some improvement with time.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy snow or sleet, mostly east</b> Snow flurries most persistent eastern hills, sleet or rain below 300-400m, the snow level tending to rise higher up with time, locally varied, then tending to fade during afternoon. Patchier small amounts westwards.
<b>Cloud on the hills?</b>	<b>Fairly extensive, lowest east/south</b> Cloud shrouding many hills, from mid or lower slopes upward in eastern areas, also near Solway as wind turns to south. Higher bases northwestwards, some local breaks toward upper slopes.
<b>Chance of cloud free summits?</b>	20%
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull or misty most areas, poor visibility; some brighter skies west of Beattock summit.
<b>How Cold? (at 750m)</b>	-1C, rising to +1C later. Wind chill feeling like -10C.
<b>Freezing Level</b>	400-500m early morning, rising variably during day, locally above 700m in west, then toward dusk onward just above freezing to all tops.

## Southern Uplands - Looking Ahead

	Thursday 5 February	Friday 6 February
<b>How windy? (On the summits)</b>	Easterly 40 to 55mph, strongest toward Galloway, in places over 60mph, powerful gusts in places west of higher tops.	Easterly 40 to 50mph, typically strongest western hills, but widely powerful gusts downslope to the west of high tops.
<b>Effect of wind on you?</b>	<b>Difficult mobility across higher terrain, gusts could knock you over on some slopes. Significant wind chill.</b>	<b>Challenging conditions, difficult mobility over higher tops, buffeting gusts knocking you off balance. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy rain or snow eastern tops</b> Snow flurries mostly eastern hills, mostly rain below 600m, but later snow to lowering elevations in east. Patchy small amounts toward and west of the M74.	<b>Snow mostly eastern hills</b> Snow most frequent over eastern hills, may persist for several hours at a time, patchier western hills; sleet or rain below 300m.
<b>Cloud on the hills?</b>	<b>Fairly extensive on tops, lowest east</b>  Shrouding the hills widely, lowest over eastern areas, cloud base around 600m. Higher and more broken cloud westwards, but likely to come and go over tops.	<b>Extensive across higher areas</b>  Covering the hills widely, above 500-600m or lower toward eastern slopes of Borders and Cheviots. More broken above 600-700m further west.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy and hazy east, poor visibility in precipitation. Brighter skies westward, some glimpses of sun and good visibility Galloway.	Widely cloudy, some brighter moments and glimpses of sun mostly toward Galloway. Whiteout over higher terrain in snow and cloud.
<b>How Cold? (at 750m)</b>	Around 0C, later dropping to -1 or -2C, soonest eastern tops. Wind chill feeling like -10 to -13C.	-1 or -2C, locally just above 0C in west. Wind chill feeling like -13 to -17C.
<b>Freezing Level</b>	700m east, but variable in west, just above freezing some higher areas, but tending to drop from east, later toward 500m.	400 to 600m, lowest widely Borders to Lothians; locally variable higher up over western hills, but icy surfaces on tops.

**Planning Outlook****All mountain areas of Britain from Thursday, 5 February, 2026**

East or southeasterly winds prevail, persistent gales later this week, severe chill factor over the mountains. Freezing levels will vary, lowering widely again below 600m during Thursday, though staying higher in Wales; then less cold widely into the weekend, rising just above freezing point in Scotland toward 1000m or briefly higher. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks generally west & northwest Scotland.

**Forecast issued at 16:25 on Tuesday, 3 February, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.