

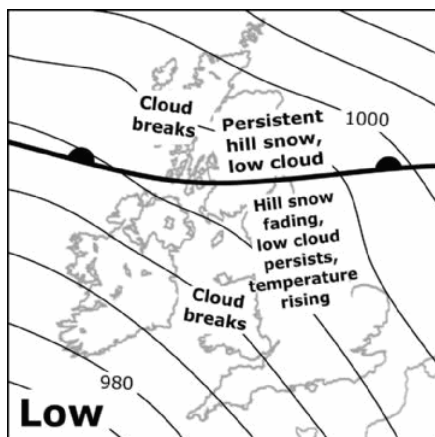
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 4 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 4 February, 2026

Easterly winds gale force across northern Scotland, easing further south. Ongoing snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. Early sleet or snow over northern England fades, but low cloud lingers. Largely dry much of Wales, clearer hills west, but increasingly windy.

### Headline for Southern Uplands

Patchy hill snow, rain, low cloud. Blustery winds ease for a time.

## Detailed Forecast for Wednesday, 4 February, 2026

<b>How windy? (On the summits)</b>	Easterly 30-35mph, strongest speeds and gusts in morning, easing to 20-25mph afternoon, turning southeasterly later, then tending to increase again to 40mph+ onward into the night.
<b>Effect of wind on you?</b>	<b>Strenuous walking at least in morning, buffeting gusts, considerable wind chill; some improvement with time.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Patchy snow or sleet, mostly east</b> Snow flurries most persistent eastern hills, sleet or rain below 300-400m, the snow level tending to rise higher up with time, locally varied, then tending to fade during afternoon. Patchier small amounts westwards.
<b>Cloud on the hills?</b>	<b>Fairly extensive, lowest east/south</b> Cloud shrouding many hills, from mid or lower slopes upward in eastern areas, also near Solway as wind turns to south. Higher bases northwestwards, some local breaks toward upper slopes.
<b>Chance of cloud free summits?</b>	<b>20%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Overcast and dull or misty most areas, poor visibility; some brighter skies west of Beattock summit.
<b>How Cold? (at 750m)</b>	-1C, rising to +1C later. Wind chill feeling like -10C.
<b>Freezing Level</b>	400-500m early morning, rising variably during day, locally above 700m in west, then toward dusk onward just above freezing to all tops.

**All mountain areas of Britain from Thursday, 5 February, 2026**

East or southeasterly winds prevail, persistent gales later this week, severe chill factor over the mountains. Freezing levels will vary, lowering widely again below 600m during Thursday, though staying higher in Wales; then less cold widely into the weekend, rising just above freezing point in Scotland toward 1000m or briefly higher. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks generally west & northwest Scotland.

**Forecast issued at 16:25 on Tuesday, 3 February, 2026**

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