

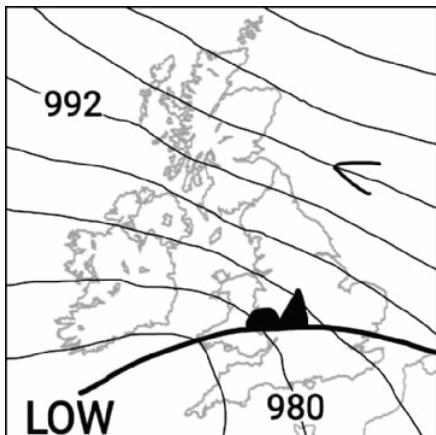
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 5 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 5 February, 2026

Gale-force easterly winds, up to storm-force over the tops of the Highlands with severe wind chill; powerful gusts downslope into the glens. Further snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. England and Wales: Rain and upland snow focused east Wales and into Pennines.

### Headline for Southern Uplands

Easterly gales, powerful gusts. Patchy rain/snow flurries, mostly in east.

## Detailed Forecast for Thursday, 5 February, 2026

How windy? (On the summits)	Easterly 40 to 55mph, strongest toward Galloway, in places over 60mph, powerful gusts in places west of higher tops.
Effect of wind on you?	<b>Difficult mobility across higher terrain, gusts could knock you over on some slopes. Significant wind chill.</b>
How wet? (Precipitation and its impact)	<b>Patchy rain or snow eastern tops</b> Snow flurries mostly eastern hills, mostly rain below 600m, but later snow to lowering elevations in east. Patchy small amounts toward and west of the M74.
Cloud on the hills?	<b>Fairly extensive on tops, lowest east</b> Shrouding the hills widely, lowest over eastern areas, cloud base around 600m. Higher and more broken cloud westwards, but likely to come and go over tops.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Largely cloudy and hazy east, poor visibility in precipitation. Brighter skies westward, some glimpses of sun and good visibility Galloway.
How Cold? (at 750m)	Around 0C, later dropping to -1 or -2C, soonest eastern tops. Wind chill feeling like -10 to -13C.
Freezing Level	700m east, but variable in west, just above freezing some higher areas, but tending to drop from east, later toward 500m.

## Southern Uplands - Looking Ahead

	Friday 6 February	Saturday 7 February
<b>How windy? (On the summits)</b>	Easterly 40 to 50mph, typically strongest western hills, but widely powerful gusts downslope to the west of high tops.	Easterly 20 to 30mph, easing to south-easterly 15 to 20mph.
<b>Effect of wind on you?</b>	<b>Challenging conditions, difficult mobility over higher tops, buffeting gusts knocking you off balance.</b> <b>Significant wind chill.</b>	<b>Becoming mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow mostly eastern hills</b> Snow most frequent over eastern hills, may persist for several hours at a time, patchier western hills; sleet or rain below 300m.	<b>Patches of light rain or flurries on tops.</b> May well be often dry, if not in the west completely dry. However, scope for patches of light rain here and there, with flurries over the tops in morning.
<b>Cloud on the hills?</b>	<b>Extensive across higher areas</b>  Covering the hills widely, above 500-600m or lower toward eastern slopes of Borders and Cheviots. More broken above 600-700m further west.	<b>Extensive</b>  Be prepared for extensive cloud to shroud the hills. Whilst bases will vary considerably, a general base will be around 500-700m. Any breaks fleeting.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widely cloudy, some brighter moments and glimpses of sun mostly toward Galloway. Whiteout over higher terrain in snow and cloud.	No sun expected.  Rather murky with poor visibility in any patchy precipitation.
<b>How Cold? (at 750m)</b>	-1 or -2C, locally just above 0C in west. Wind chill feeling like -13 to -17C.	-1C lifting to plus 1C.
<b>Freezing Level</b>	400 to 600m, lowest widely Borders to Lothians; locally variable higher up over western hills, but icy surfaces on tops.	600-700m, lifting above the summits by afternoon.

## Planning Outlook

## All mountain areas of Britain from Friday, 6 February, 2026

Cold east or southeasterly winds prevail, but less cold widely over the weekend as freezing level lifts somewhat from the south, rising just above freezing point in Scotland toward 1000m. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks west & northwest Scotland, where terrain will be very dry toward west coast.

## Forecast issued at 7:58 on Thursday, 5 February, 2026

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