

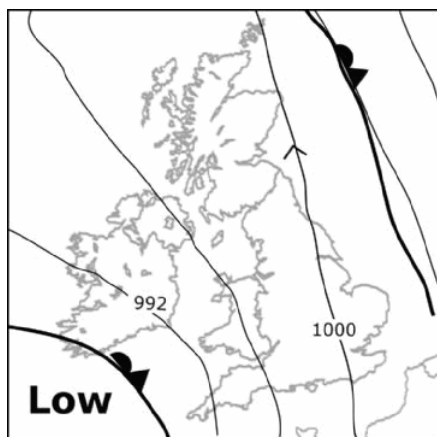
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 9 February, 2026



British Mountain Summary:

Based on forecast chart for noon 9 February, 2026

Overall very little change with occasional rain, or on higher slopes in Scotland, snow. Fog persistent on nearly all mountain areas. The wind continuing fairly light. Wales will from the southwest become windy with pulses of showery rain.

Headline for Southern Uplands

Light wind; a few pockets of rain. Persistent fog.

Detailed Forecast for Monday, 9 February, 2026

| | |
|---|--|
| How windy? (On the summits) | Southerly 15mph. |
| Effect of wind on you? | Small |
| How wet? (Precipitation and its impact) | Rain, mostly light here and there. Total rainfall small. Occasional drizzle and rain, rarely heavy. Locally precipitation lasting an hour or so but total rainfall small. |
| Cloud on the hills? | Persistent fog Persistent fog above 400 to 600m; highest cloud base probably Borders. |
| Chance of cloud free summits? | Less than 10% |
| Sunshine? Air clarity (below cloud) | A little sun here and there, but generally cloudy. Very good visibility lower slopes. |
| How Cold? (at 750m) | 2C |
| Freezing Level | Above the summits |

Southern Uplands - Looking Ahead

| | Tuesday 10 February | Wednesday 11 February |
|--|---|--|
| How windy? (On the summits) Effect of wind on you? | Southeasterly between 30 and 40mph; possibly ease toward 20mph during day Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill. | Confidence in forecast is low: Easterly in the range 15 to perhaps 35mph. Strongest wind likely toward north. May be fairly small, but expect walking to be arduous on higher areas and possibly significant wind chill. |
| How wet? (Precipitation and its impact) | Rain on and off; sleet higher tops Rain, drizzle or above about 750m sleet on and off - although may mostly fizzle out from the south. | Rain; perhaps snow higher tops Rain and drizzle on and off - possibly turning to snow higher tops. |
| Cloud on the hills? Chance of cloud free summits? | Mountains persistently foggy Borders: Persistent fog above 300 to 450m. Further west, most cloud above 400m, breaks to 600m, perhaps widely in afternoon. Almost nil | Very extensive Most hills persistently cloud covered above 400 to 600m. Almost nil |
| Sunshine? Air clarity (below cloud) | Widely dull and murky; possibly improving from south particularly Dumfries and Galloway afternoon. | Little or no sun. Extensively dull and misty. |
| How Cold? (at 750m) Freezing Level | 1 or 2C Will feel near -10C directly in the wind. Just above highest summits. | 1 to 3C Will feel as cold as minus 8C directly in the wind. Above highest summits - perhaps 750m later in day. |

Planning Outlook**All mountain areas of Britain from Tuesday, 10 February, 2026**

A change from mid week as a low centre crosses Britain bringing stronger wind and initially rain . But precipitation will turn to snow Scottish Highlands on Wednesday then progressively southwards into England and Wales on Thursday - with most terrain frozen and fresh snow lying on most mountains by Friday morning. Cold 'winter' conditions will then persist through next weekend.

Forecast issued at 13:24 on Sunday, 8 February, 2026

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