

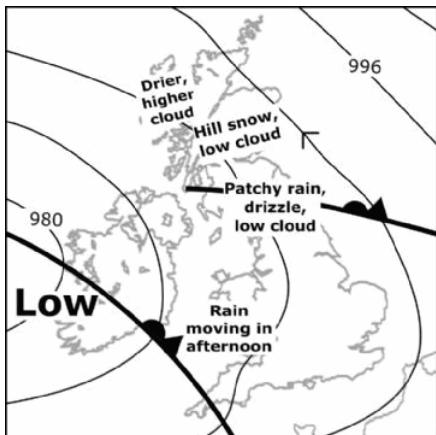
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 10 February, 2026



British Mountain Summary:

Based on forecast chart for noon 10 February, 2026

Windy and significant chill factor for the Highlands - murky and snow falling over the hills most persistent in eastern Scotland, rain below 600m. Better toward northwest, some cloud breaks toward coast. In northern England, lessening wind, patchy rain fading, low cloud rising higher. Drier until later for Wales.

Headline for Southern Uplands

Strong, gusty wind. Patchy rain and blanket low cloud.

Detailed Forecast for Tuesday, 10 February, 2026

How windy? (On the summits)	Southeasterly 30 to 40mph; easing toward 20mph during day
Effect of wind on you?	Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.
How wet? (Precipitation and its impact)	Rain on and off; sleet higher tops Rain, drizzle or above about 750m sleet on and off - tending to fizzle out from the southwest with time, though pockets of drizzle likely to remain.
Cloud on the hills?	Hills persistently foggy Borders: Persistent fog above 300 to 450m. Further west, most cloud above 400m, breaks to 600m, more widely in afternoon.
Chance of cloud free summits?	Almost nil.
Sunshine? Air clarity (below cloud)	Widely dull and murky; possibly improving from south particularly Dumfries and Galloway afternoon.
How Cold? (at 750m)	1 or 2C. Will feel near -10C directly in the wind.
Freezing Level	Just above highest summits, near freezing on The Cheviot top.

Southern Uplands - Looking Ahead

	Wednesday 11 February	Thursday 12 February
How windy? (On the summits)	Easterly or variable 20 to 35mph. Strongest wind likely toward north.	East-northeasterly 35-50mph, risk stronger winds in exposure early in the day.
Effect of wind on you?	Locally fairly small, but expect walking to be arduous on higher areas and possibly significant wind chill.	A risk of challenging conditions in exposure with severe wind chill. May improve, though always blustery.
How wet? (Precipitation and its impact)	Rain; perhaps snow higher tops Rain and drizzle on and off - possibly turning to snow higher tops.	Regular rain and snow Snow affects most hills though the morning, falling as rain below 400-500m. May trend patchier from the north with time.
Cloud on the hills?	Very extensive Most hills persistently cloud covered above 400 to 600m.	Fairly extensive Fairly extensive cloud from middle slopes up well into the day, a slight lifting and breaking trend later in the day is possible.
Chance of cloud free summits?	Almost nil	20%
Sunshine? Air clarity (below cloud)	Little or no sun. Extensively dull and misty.	Mostly overcast, some bright glimpses later in the day. Visibility mostly very poor in rain/snow.
How Cold? (at 750m)	1 to 3C Will feel as cold as -8C directly in the wind.	Around -1C from dawn, lowering with time towards -3C. Feeling like -18 to -22C in direct wind.
Freezing Level	Above highest summits - 750m later in day.	500-600m from dawn, lowering with time, 300-400m into night, cooling further.

Planning Outlook

All mountain areas of Britain from Wednesday, 11 February, 2026

Becoming colder for all areas during this week, with much mountain terrain frozen again to increasingly lower elevations - soonest toward the north and east of Scotland. East to northeasterly winds in the second half of the week, turning northerly toward the weekend - the distribution of snow showers shifting with time from eastern hills to more north-facing mountains, particularly Scotland. Away from showers later in the week, brighter than recently with sunshine and clearer hills.

Forecast issued at 16:07 on Monday, 9 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.