

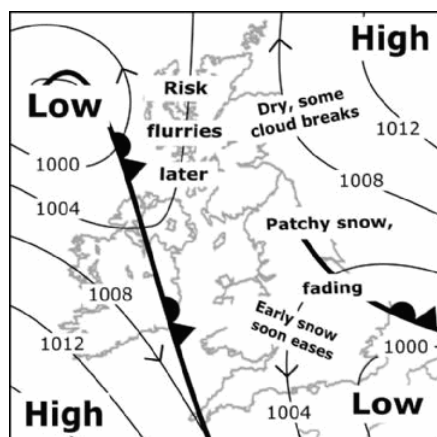
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 19 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 19 February, 2026

Most mountain terrain remains frozen. Gusty southeasterly wind with significant chill factor. Some snow flurries towards southwest of Highlands with low cloud banks, clearer northward. Light snow fading Peak District and Pennines, low cloud persists here. Generally dry Wales but increasingly windy.

### Headline for Southern Uplands

Strong wind. Varied cloud, patchy flurries.

## Detailed Forecast for Thursday, 19 February, 2026

<b>How windy? (On the summits)</b>	Southeasterly 25-35mph, gusty; a gradual southerly trend with time and trending towards lighter speeds, but later may increase again later in western areas.
<b>Effect of wind on you?</b>	<b>Walking arduous to start the day, effects easing but walking remains strenuous with buffeting and significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Little precipitation</b> Some patchy light sleet, snow over hills above 500m, mainly southern areas, amounting to little in total.
<b>Cloud on the hills?</b>	<b>Varied cloud banks may linger</b> Uncertain extent of low cloud, some hills may be largely clear for periods, especially toward the north, but risk of lingering cloud banks, which may fill in above 500m in southern areas, possibly lower near coast.
<b>Chance of cloud free summits?</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy overall, some brighter areas mainly toward central belt with some sun. Varied visibility, rather hazy, some mistier spots south, locally good below cloud.
<b>How Cold? (at 750m)</b>	-2 or -3C from dawn, lifting slightly, to -1C but local variability is likely. Feeling like -10 to -12C in direct wind.
<b>Freezing Level</b>	200-300m from dawn, lifting to 500-600m, though higher thaws possible on aspects near Central Belt.

**All mountain areas of Britain from Friday, 20 February, 2026**

Toward the weekend, a switch to southwesterly winds, bringing milder conditions - lifting above freezing to tops in England and Wales with substantial thawing, and generally higher freezing levels in Scotland; periods of thawing to Munro summits will occur but also further snowfall and refreezing on higher terrain during the day-to-day variability of precipitation and freezing levels onward into early next week. Often windy with periods of upland gales. Some spells of heavy rain over all western hills and low cloud frequently covering the hills.

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